

A Prayer Assessment

Give serious thought to the following questions, and be honest with yourself in your responses. Think carefully about each question, and circle the answer that most accurately reflects your beliefs and practices.

1. It is important to pray daily.
 - a. strongly agree
 - b. agree
 - c. neither agree nor disagree
 - d. disagree
 - e. strongly disagree
2. I pray _____.
 - a. many times daily
 - b. daily
 - c. a few times during the week
 - d. once a week
 - e. once a month
 - f. never
3. When I pray I usually just ask God for things.
 - a. strongly agree
 - b. agree
 - c. neither agree nor disagree
 - d. disagree
 - e. strongly disagree
4. I would pray more if I knew what to do when I pray.
 - a. strongly agree
 - b. agree
 - c. neither agree nor disagree
 - d. disagree
 - e. strongly disagree
5. When I pray I don't use any kind of aids, like the Bible, a prayer book, or the rosary. I just tell God what's on my mind.
 - a. strongly agree
 - b. agree
 - c. neither agree nor disagree
 - d. disagree
 - e. strongly disagree
6. I often thank God for what I have.
 - a. strongly agree
 - b. agree
 - c. neither agree nor disagree
 - d. disagree
 - e. strongly disagree
7. I often praise God just like I would compliment a friend.
 - a. strongly agree
 - b. agree
 - c. neither agree nor disagree
 - d. disagree
 - e. strongly disagree
8. I pray for God to help or bless my family and my friends.
 - a. strongly agree
 - b. agree
 - c. neither agree nor disagree
 - d. disagree
 - e. strongly disagree
9. I have doubted whether God hears me when I pray.
 - a. strongly agree
 - b. agree
 - c. neither agree nor disagree
 - d. disagree
 - e. strongly disagree
10. There have been times, while praying, when I have felt really close to God.
 - a. strongly agree
 - b. agree
 - c. neither agree nor disagree
 - d. disagree
 - e. strongly disagree

