

Perceptions of Leisureliness



Indicate whether you agree (A) or disagree (D) with each of the statements below as they apply to _____

This person . . .

- ___ 1. schedules too many activities in too little time
- ___ 2. can relax without feeling guilty
- ___ 3. frequently stops to look at beautiful, natural things
- ___ 4. plays sports and other games for fun and relaxation, not to win
- ___ 5. spends a lot of money to have fun
- ___ 6. takes care to make her or his living space relaxing
- ___ 7. compares himself or herself with others
- ___ 8. can work without getting upset
- ___ 9. gets angry when a car she or he is behind goes under the speed limit
- ___ 10. likes to try creative projects
- ___ 11. dislikes waiting in line
- ___ 12. finishes the sentences of others
- ___ 13. walks, talks, and eats at a leisurely pace
- ___ 14. tries to do many things at the same time
- ___ 15. likes to spend an hour or two alone each weekend

