



# Prayers by Heart

## The Catholic Children's Prayer Book Archdiocese of Seattle

Belongs to: \_\_\_\_\_

Given by: \_\_\_\_\_

Date: \_\_\_\_\_

Jesus said, "Let the children come to me and do not stop them, because the Kingdom of heaven belongs to such as these."

—Matthew 19:14



### My Faith Journey

Date of Baptism: \_\_\_\_\_

Date of First Communion: \_\_\_\_\_

Date of Confirmation: \_\_\_\_\_

My Parish: \_\_\_\_\_



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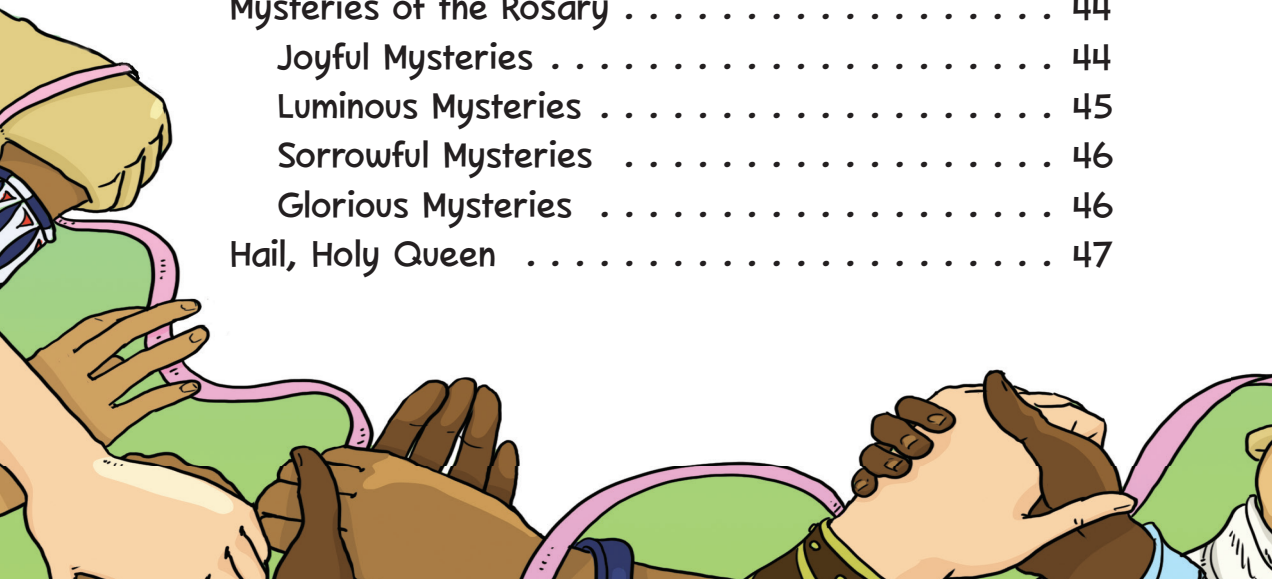
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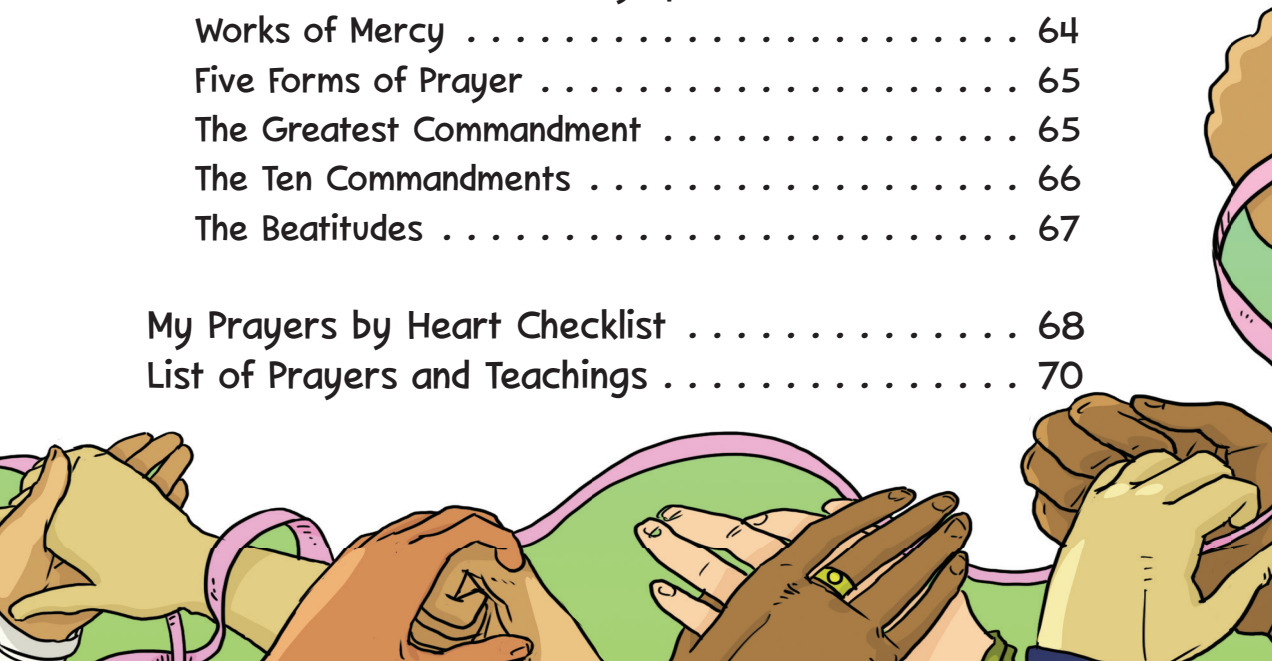


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# Introduction

## Dear Children and Families,

Shortly after Jesus was born, Mary and Joseph brought him to the Temple. They came to pray and to dedicate their child to God. This Gospel passage (Luke 2:22-40) reminds us of how our parents brought us to Church for Baptism. Like Mary and Joseph, our families are called to pray, both within our homes and in our parishes.

Prayer helps us become closer to Jesus, who loves us very much! Prayer is how we talk and listen to God. Prayer helps us learn the plan God has for us and opens our hearts to receive his grace. We learn prayers by heart by saying them daily, when we wake up, at mealtimes, and when we go to bed. Prayers help us remember throughout the day how much God cares about us. We thank God for his gifts, we ask Mary



and the saints to pray for us, and we ask God to bless all that we say and do. Most especially, we come together to worship God and to pray with one another at Mass.

When Joseph and Mary went to the Temple with the baby Jesus, they met Simeon and Anna, who had prayed for many years to prepare Jesus' birth. Simeon and Anna represent the holy people who pray for us, witness our Catholic faith, and support us in our desire to learn more about God. These people include our godparents, our grandparents, our aunts and uncles and family friends, as well as our pastor and religion teachers.

My prayer is that you always know the deep love God has for each of us. May the prayers included in this book help you in your journey of faith and your call to holiness. May the Lord, our God, bless you and keep you always in his care.

Sincerely in Christ,

*+ Peter Sartain*

† Most Rev. J. Peter Sartain  
Archbishop of Seattle





## THE OUR FATHER

(Lord's Prayer)

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come;  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.

To find the Our Father in the Bible, see Matthew 6:9-13.





## GLORY BE

(Doxology - wording as found in the Liturgy of the Hours)

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now,  
and will be forever. Amen.



## CONCLUDING ACCLAMATION

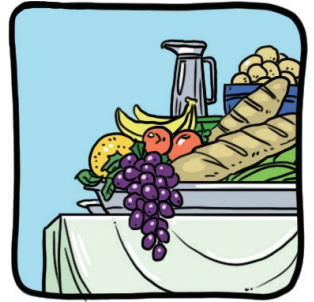
Leader: Let us praise the Lord.

**Assembly:** And give him thanks.



## GRACE BEFORE MEALS

Bless us, O Lord, and these thy gifts,  
which we are about to receive  
from thy bounty,  
through Christ our Lord. Amen.



## GRACE AFTER MEALS

We give you thanks, almighty God,  
for these and all thy gifts,  
which we have received  
through Christ our Lord. Amen.





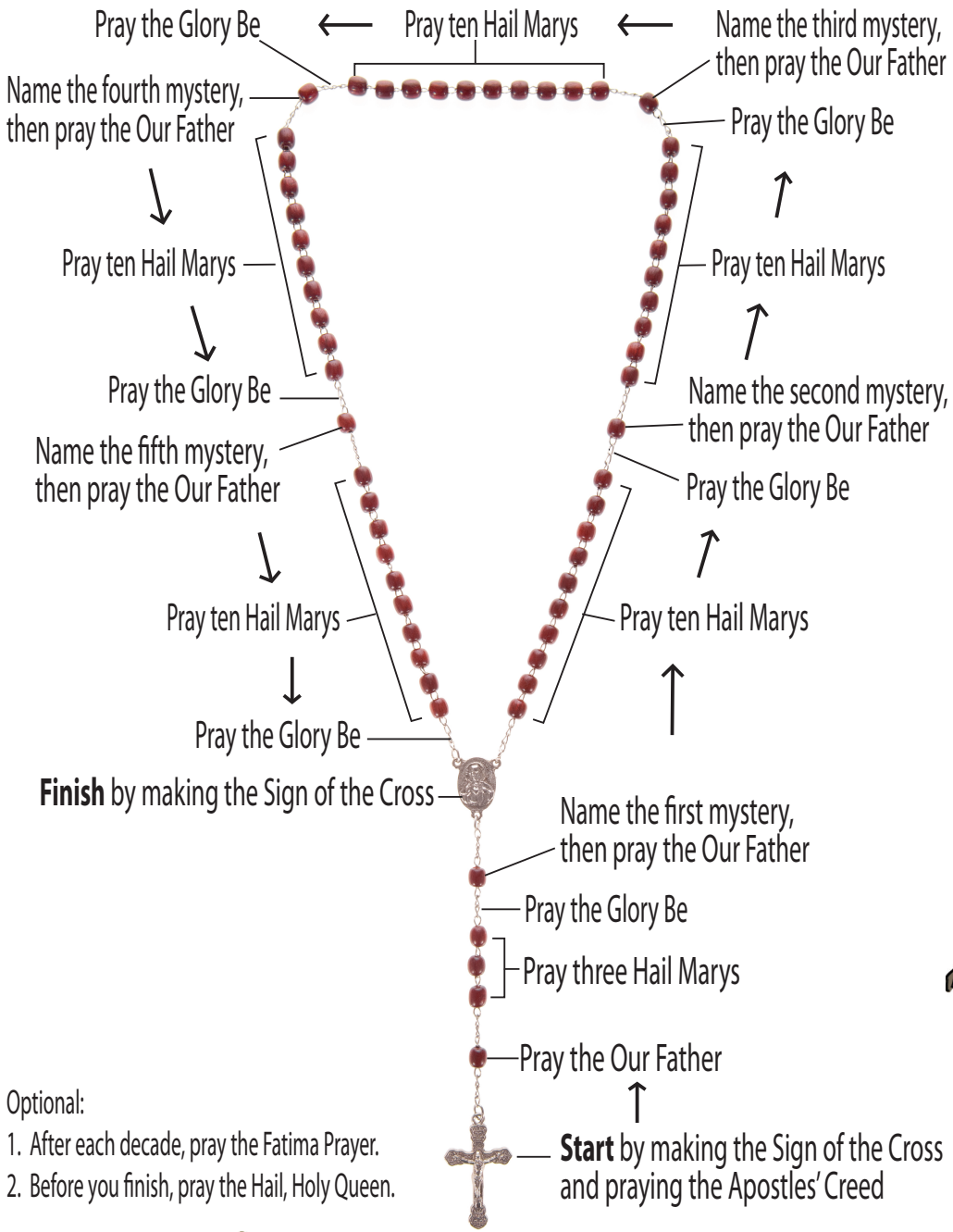
## MAY THE LOVE OF GOD BLESSING

All make the sign of the cross as one member of the family says:

Leader: May the love of God and the peace of the Lord Jesus Christ  
bless and console us  
and gently wipe every tear from our eyes:  
in the name of the Father,  
and of the Son, and of the Holy Spirit.

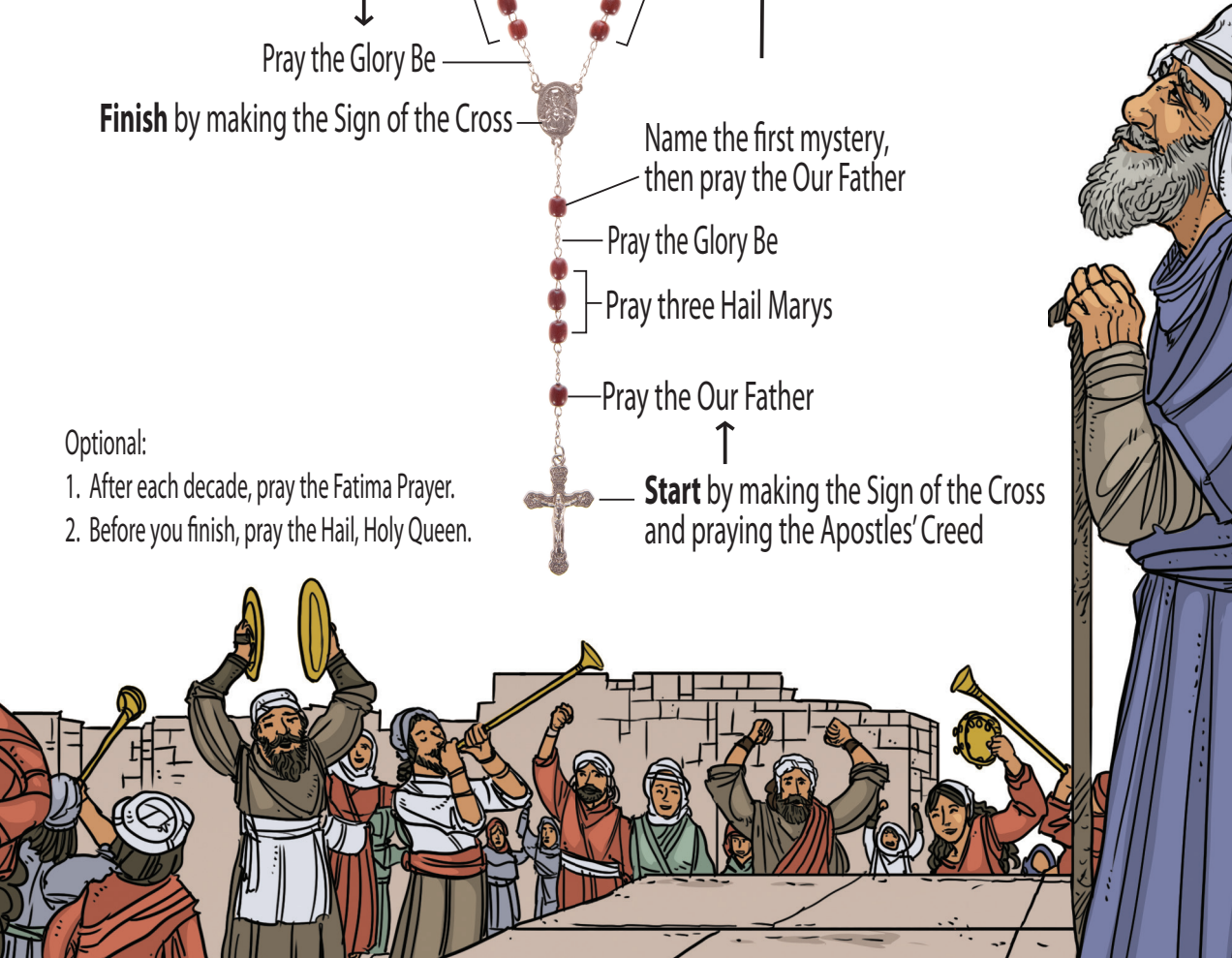
**Assembly:** Amen.





Optional:

- 1. After each decade, pray the Fatima Prayer.
- 2. Before you finish, pray the Hail, Holy Queen.



## RESPONSES TO THE READINGS



### First and Second Reading

(at Conclusion)

Reader: The word of the Lord.

**Assembly:** Thanks be to God.



### Gospel

(at Introduction)

Deacon or Priest: The Lord be with you.

**Assembly:** And with your spirit.

Deacon or Priest: A reading from the holy Gospel according to N (name of Gospel writer).

**Assembly:** Glory to you, O Lord.



### Gospel

(at Conclusion)

Deacon or Priest: The Gospel of the Lord.

**Assembly:** Praise to you, Lord Jesus Christ.



## THE THREE THEOLOGICAL VIRTUES

Faith  
Hope  
Charity



## THE FOUR CARDINAL VIRTUES

Prudence  
Justice  
Fortitude  
Temperance



## THE SEVEN GIFTS OF THE HOLY SPIRIT

Wisdom  
Understanding  
Counsel  
Fortitude  
Knowledge  
Piety  
Fear of the Lord

