Finding Salt and Light for the World:   
An Inventory of Discipleship Gifts and Skills

Below you will find a list of gifts and skills related to being a disciple of Christ and a list of different Christian ministries. Determine the gifts and skills that you think are necessary to be *salt for the earth and light for the world* for each ministry. You will use this handout for another learning experience, so put it somewhere safe when you are finished.

Gifts and Skills

1. loving/charitable
2. joyful
3. kind
4. generous
5. loyal
6. hopeful
7. detail-oriented
8. organizes others
9. helps others to work together
10. works behind the scenes
11. good with finances
12. likes to work with hands
13. leads/handles responsibilities
14. good listener
15. sensitive to unspoken needs of others
16. handles conflict well
17. comforts sick people compassionately
18. seeker of justice for the weak
19. seeks truth despite resistance
20. merciful
21. prays for others persistently
22. encourages others, lifts spirits
23. good sense of humor
24. dedicated and determined to work
25. healer (spiritually, emotionally, or physically)
26. hospitable to strangers
27. curious about new people and cultures
28. musician
29. writer
30. public relations and public speaking
31. possesses humility
32. teacher
33. courageous
34. reverent toward God’s people and nature
35. insightful about people’s behavior
36. grateful
37. passionate
38. compassionate
39. has self-control and integrity
40. serves others freely
41. resilient personality
42. possesses language skills

Ministries

**Catholic Relief Services:** “Our mission is to assist impoverished and disadvantaged people overseas, working in the spirit of Catholic Social Teaching to promote the sacredness of human life and the dignity of the human person.”

**L’Arche:** “L’Arche communities, family-like homes where people with and without disabilities share their lives together, give witness to the reality that persons with disabilities possess inherent qualities of welcome, wonderment, spirituality, and friendship.”

**Houston Catholic Worker Casa Juan Diego:** “Casa Juan Diego was founded in 1980, following the Catholic Worker model of Dorothy Day and Peter Maurin, to serve immigrants and refugees and the poor. From one small house it has grown to ten houses. Casa Juan Diego publishes a newspaper, the *Houston Catholic Worker,* six times a year to share the values of the Catholic Worker movement and the stories of the immigrants and refugees uprooted by the realities of the global economy.”

**The Society for the Propagation of the Faith:** “Today the General Fund of the Propagation of the Faith, which gathers gifts from Catholics all over the world, is the basic means of support for the Catholic Church’s worldwide missions.”

*(The quotations in the “Ministries” section on this handout are taken from the websites of each organization.)*