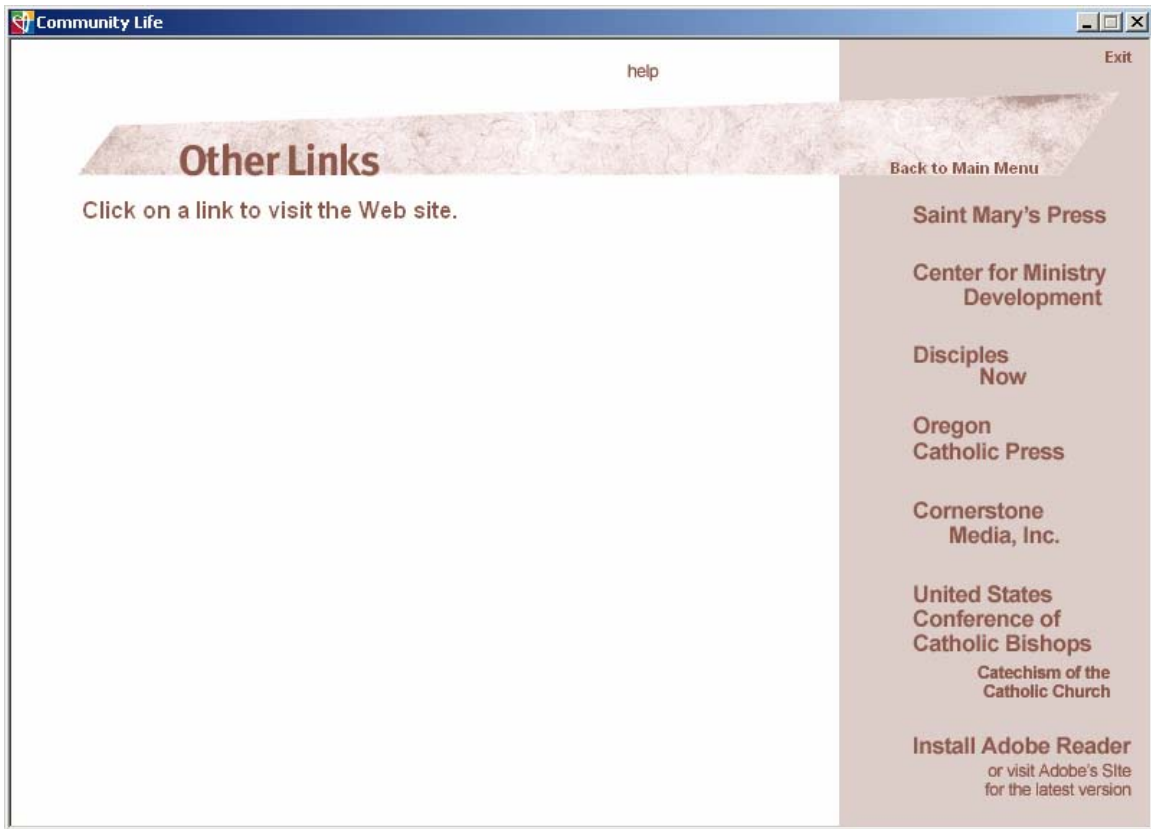


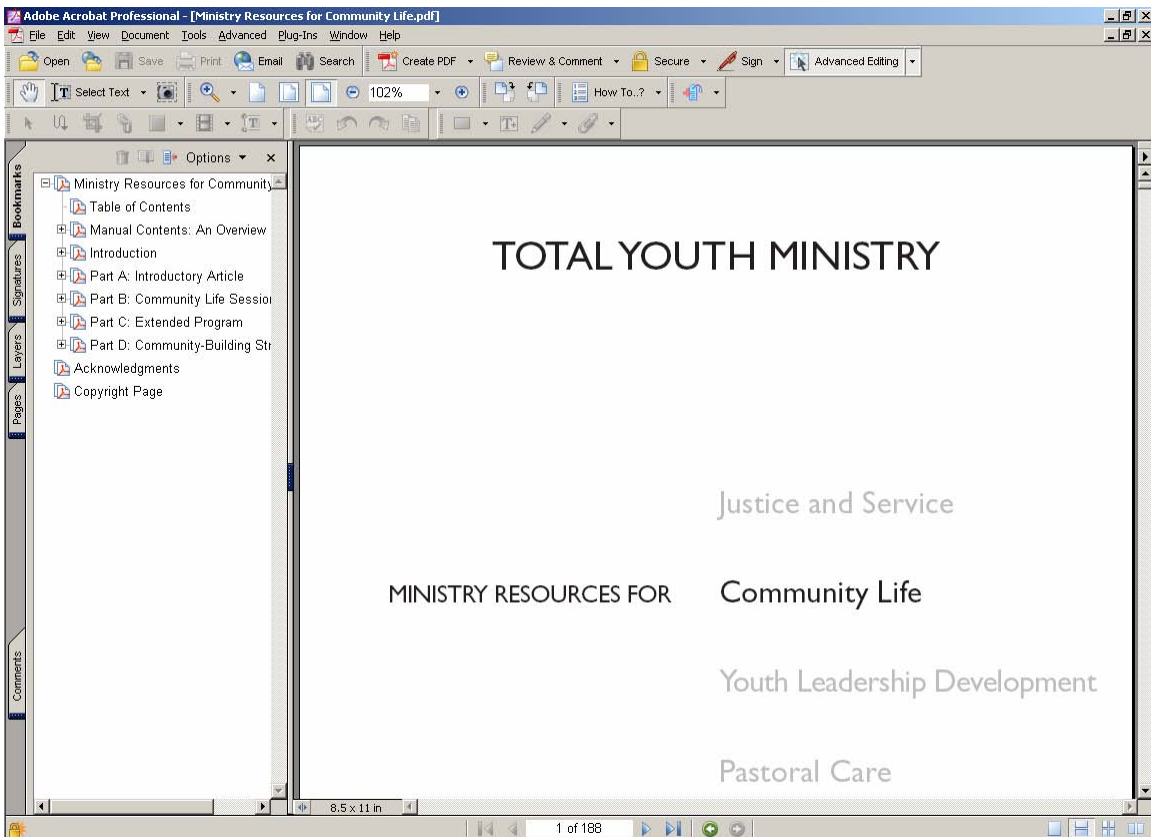
This PDF contains screen shots of the "Ministry Resources for Prayer and Worship" CD-ROM. It is not a working program. On the actual CD-ROM, clicking on links open different options.

The screenshot shows a window titled "Community Life". At the top right, there are window control buttons and an "Exit" link. Below the title bar, there is a "help" link and a search box. The main content area features a large header "Ministry Resources for Community Life" with a textured background. Below the header, a paragraph describes the manual's content: "Ministry Resources for Community Life" offers faith communities program resources and strategies to build community among young people and throughout the entire parish. The manual contains nine gathered sessions to help young people get to know one another, themselves, and the meaning of Christian community. It also contains an outline for an ecumenical event to help build community across denominational lines, and it offers practical strategies and ideas for managing community issues, making the most of community life opportunities, and encouraging intergenerational and family relationships. To the right of the main text is a vertical sidebar with four menu items: "manual content", "handouts in pdf", "handouts in rtf", and "other links". At the bottom of the main content area, there is a link: "Click here to read about the Total Youth Ministry series".

The screenshot shows a window titled "Community Life". At the top right, there are window control buttons and an "Exit" link. Below the title bar, there is a "help" link. The main content area features a large header "Handouts in pdf" with a textured background. Below the header, a paragraph provides instructions: "Click on a chapter to view a list of handouts and resources included in that chapter. Then click on the handout to open it in Adobe Reader." To the right of the main text is a vertical sidebar with a "Back to Main Menu" link at the top, followed by a list of chapters from "Chapter 1" to "Chapter 10". At the bottom of the sidebar, there is a link: "additional chapters".



This screen shot shows the "manual content." It contains the same text as the printed manual (minus the sidebars) in an electronic, searchable format.



About the Total Youth Ministry Series

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This six-manual series builds on the bishops' vision of youth ministry as outlined in "Renewing the Vision: A Framework for Catholic Youth Ministry" (United States Conference of Catholic Bishops, 1997). Offering a rich and challenging vision for Catholic youth ministry, the bishops urge the Church to guide young people toward a life of fullness in Jesus Christ, and to give them the tools to live out that fullness as Catholic Christians.

Whether your parish has five teens or five hundred, this series provides a strong foundation for a year-round, total youth ministry program that aims to empower young people to be disciples of Christ and to bring them fully into the life of the Church.

The following six manuals make up the Total Youth Ministry series:

- "Ministry Resources for Community Life"
- "Ministry Resources for Evangelization"
- "Ministry Resources for Justice and Service"
- "Ministry Resources for Pastoral Care"
- "Ministry Resources for Prayer and Worship"
- "Ministry Resources for Youth Leadership Development"

The manuals contain numerous ideas for gatherings, projects, prayer services, and retreats for high school youth. Each manual also includes an explanation of the component that is its focus, along with practical strategies for connecting youth with their communities and for helping youth connect faith with life.

The following are examples of PDF handouts found on the CD-ROM. Handouts are also available in a rich text format so you can customize them to meet your needs.

Our Human Rights: The Basics

All human beings, because they are created in the image and likeness of God, are created with a dignity that can never be taken away. It is a dignity we must help to protect. This dignity means that all human beings have a right to certain things. They have a right to:

- life
- food
- clothing
- decent and affordable housing
- have a family and the ability to take care of it
- a good education
- work (and to be paid enough to live decently)
- respect
- a good reputation
- privacy
- act according to their conscience
- freedom, including freedom of religion

(Adapted from the Vatican Council II document *Pastoral Constitution on the Church in the Modern World [Gaudium et Spes]*, 1965, number 26, at www.vatican.va/archive/hist_councils/ii_vatican_council/documents/vat-ii_cons_19651207_gaudium-et-spes_en.html, accessed May 27, 2003)

Community-Building Event

Preparation Steps for a Successful Event

- Practice the community-building activity ahead of time, and become familiar with all dimensions of the activity.
- Review the role of the small-group leaders, and prepare them for their facilitator role.
- Gather all supplies needed for the event.
- Set up the physical space as needed for the selected activities.

Small Groups

If your group has more than ten participants, be sure to include small-group work. The participants can be placed in small groups in many different ways.

Because it is essential that participants feel affirmed for their participation, it will be important to have a trained leader with the small groups. This person sets the tone for how the members of the group will interact with each other, encourages participation, and affirms group members. How will you divide people into groups?

Welcome

The participants need to know immediately that they are valued and that you are glad they are there. How will you welcome participants? Will you provide name tags?

- Plan for small groups:

- Plan for welcome:

Getting-Started Activities

To begin a program, select at least one icebreaker. Icebreakers are team-building activities that often involve physical activity, simple problem-solving activities, and group work.

Opening Up

Once you have a general level of comfort in the large group, help the participants begin sharing information about themselves. This can be done by having the participants give a verbal response, raise their hand in affirmation of an idea, or move from one side of a room to the other. Another option is for the participants to gather in a small-group setting, and use open-ended sentences, discussion questions, or activities.

Stretching

Introduce a challenging activity to the participants that requires that they work together to accomplish a task. Trust activities, simulation games, or group puzzles are an effective way to help groups develop a level of trust with one another. It is important to match the activity to the level of trust that you believe will be possible at this point in your event.

- Plan for getting started:

- Plan for opening up:

- Plan for stretching:

Celebration

Assuming that a group has successfully accomplished a task that involved stretching and growing in trust, celebrate that event! Food, naming the group, prizes, skits, and storytelling about their accomplishments are good ways of celebrating. If the group did not succeed, they may still want to celebrate their attempts.

Deeper Sharing

By the end of an event, some participants may be ready to share on a deeper level. Other groups may not get to a level of trust that would allow for this deeper level of sharing. Providing opportunities for the participants to share personally with others in the group through small-group discussions, one-on-one conversations, and group activities can be effective with groups where trust has been developed.

Closing

Close the evening with either the preceding celebration or in some other way, such as extending an invitation to other youth or to intergenerational events happening at the parish, in the community, or at a larger level. Encourage the participants to continue to build community outside of this event. Prayer is an important way to celebrate the community that has been built, and provides a fitting end to the program.

- Plan for celebration:

- Plan for deeper sharing (if appropriate):

- Plan for closing: