



The Catholic Children's Prayer Book

Belongs to: _____

Given by: _____

Date: _____



My Faith Journey

Date of Baptism: _____

Date of First Reconciliation: _____

Date of First Eucharist: _____



saint mary's press



Contents

Introduction 6

The Order and Prayers of the Mass

Introductory Rites 7
 Penitential Act, Form A 8
 Gloria 9
Liturgy of the Word 10
 Nicene Creed 12
 Apostles' Creed 13
Liturgy of the Eucharist 14
 Holy, Holy, Holy 16
 Lord's Prayer 18
 Lamb of God 19
Concluding Rites 21



Everyday Prayers

Sign of the Cross	22
How to Make the Sign of the Cross	22
Grace before and after Meals	23
Morning and Evening Prayers	23
Act of Faith	24
Act of Hope	24
Act of Love	24
A Prayer to Jesus	25
Angel of God	25
Prayer of Saint Francis of Assisi	26

Rosary Prayers

Mysteries of the Rosary	27
Joyful Mysteries	
Luminous Mysteries	
Sorrowful Mysteries	
Glorious Mysteries	
Rosary	28
Sign of the Cross	29
Apostles' Creed	29
Our Father	30
Hail Mary	30
Glory Be	30
Hail, Holy Queen	31
Fatima Prayer	31



Prayers for the Church Seasons

Advent	32
Christmas	33
Lent	34
Easter	35
Pentecost	36
Ordinary Time	37

Prayers with My Family 38

Bible Passages for Special Times

When I am feeling happy, sad, or afraid	40
When I want to say thank you to God	40
When I have hurt someone or someone has hurt me	41
When I need a reminder of God's love	41
When someone I know needs God's help	41
When things aren't going my way	42
When I am worried	42
When I need to be strong	42
When I begin something new	42
When I must wait on God	43
When I pray for peace	43
When I give thanks for a friend	43
When I pray for my family	43



Everyday Practices

Golden Rule	44
Ten Commandments	44
Beatitudes	45
Corporal Works of Mercy	46
Spiritual Works of Mercy	46
Seven Sacraments	46
Holy Days of Obligation	47
Precepts of the Church	47
Stations of the Cross	48

The Celebration of Reconciliation

Communal Celebration	49
Individual Celebration	50
Examination of Conscience	51
Prayer to the Holy Spirit	51
Act of Contrition	52
List of Prayers and Practices	53
Acknowledgments	55



Introduction

There is an old church song that begins with the line “What a friend we have in Jesus,” and it is true. God loves each one of us and wants nothing more than to be our lifelong friend.

Prayer is our way of talking to God. In prayer, we tell God what we need, we tell God we love him, and we ask God to be with us in everything we do. Sometimes we talk to God quietly in our hearts, and we know that God hears us. Other times, we talk to God using words other people have written. Those people know and love God and want us to know and love him as well.

In this book, you will find prayers to deepen your friendship with God. These prayers will help you talk to God and help you find ways during the day to stop, just for a minute, and offer a prayer. The prayers in this book will also help you talk to God as part of the Church, as you pray the prayers of the Mass and the Rosary.

Praying every day helps you realize how much God loves you, and it also helps you love God. As you come to know God more and more through prayer, you will grow in your love for him. We hope these prayers help you do that.



The Order and Prayers of the Mass



1. Introductory Rites

In the Introductory Rites, we gather and prepare ourselves to celebrate the Eucharist.

1. Entrance Chant

We stand and sing a hymn. The priest, along with others who will serve at the Mass, process to the altar.

2. Greeting

We make the Sign of the Cross. The priest welcomes us and prays that God will give us blessings in the Mass. The priest can use several greetings.

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

People: Amen.

Priest: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

People: And with your spirit.



3. Penitential Act

Using one of the forms of the Penitential Act, we pray to God to have mercy on us.

Penitential Act, Form A

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
(We strike our breast as we say the following two lines.)
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Penitential Act, Form B

Priest: Have mercy on us, O Lord.

People: For we have sinned against you.

Priest: Show us, O Lord, your mercy.

People: And grant us your salvation.

Lord Have Mercy

Priest: Lord, have mercy.

People: Lord, have mercy.

Priest: Christ, have mercy.

People: Christ, have mercy.



Everyday Prayers

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

How to Make the Sign of the Cross



Grace before Meals

Bless us, O Lord, and these your gifts,
which we are about to receive
from your bounty,
through Christ our Lord. Amen.



Grace after Meals

We give you thanks, almighty God,
for these and all your gifts,
which we have received
through Christ our Lord. Amen.

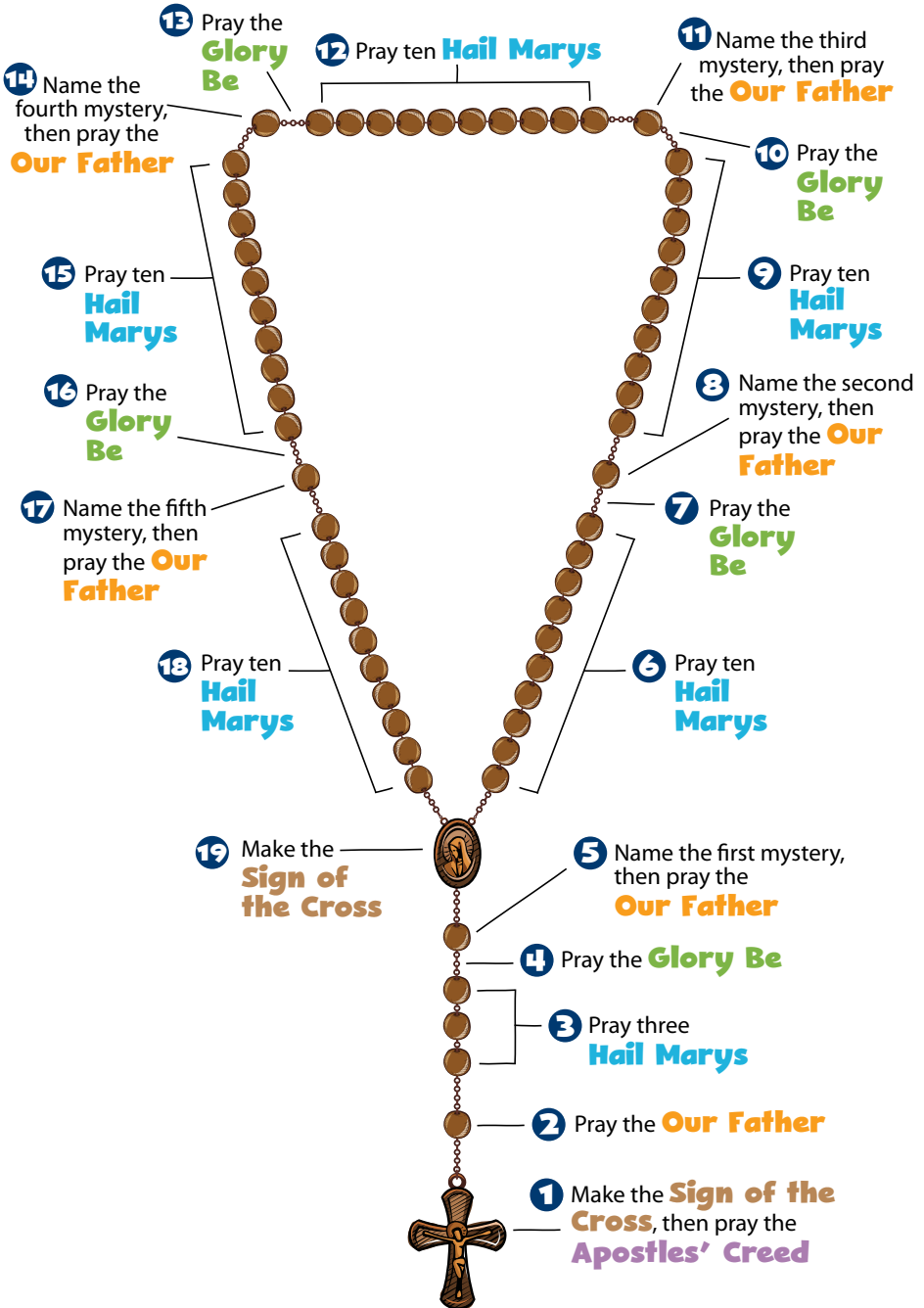


Morning Prayer

O my God, I offer you this day,
all I do and think and say.
In union with what was done
on earth by Jesus Christ,
your Son.
Amen.

Evening Prayer

God, our Father, this day is done.
We ask you and Jesus Christ, your Son,
that with the Spirit, our welcome guest,
you guard our sleep and bless our rest.
Amen.



Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the
Father almighty;
from there he will come to judge the living
and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.



Prayers for the Church Seasons



Lord Jesus, you are Emmanuel, God with us. Thank for you coming to live among us. Help us to prepare to celebrate your birth at Christmas with peaceful and loving hearts. We ask this in your name, Lord Jesus. Amen.

Lord Jesus, fill our hearts with joy as we prepare and wait for you to come at Christmas. And so we pray: Come, Lord Jesus! Amen.

God, our Father, we ask you to be with us as we prepare for the coming of your Son, Jesus. Show us how to make room in our lives for his love and peace. Amen.

O God, bless our homes, our families, and our friends as we prepare for Christmas. Teach us to wait in joyful hope and to be kind to one another. We ask this in the name of Jesus. Amen.

Loving God, you sent your Son, Jesus, to show us the way to you. Help us to follow your way every day and to grow closer to you this Advent season. We ask this through Christ, our Lord. Amen.

Prayers with My Family

God, thank you for the gifts you have given to each of us. Help us as a family to share our gifts with others so that they may know your love for them. Amen.

God our Father, help us as a family to love you more. May our hearts be filled with thanks for all that you do for us. Amen.

God, we ask for your strength to love you and others the way we should. Help our family to make every moment in our lives an example of your love. We ask this in Jesus' name. Amen.

Thank you, God, for *(invite each member of the family to share one thing)*. We praise you, God. Let our family life be a song of praise to you! Amen.

Thank you, God, for being so kind and loving to us. Help our family to look for ways throughout our day to share that same kindness with others. We ask this in your name. Amen.

God, we ask for help to not worry about the things in our life. Thank you for taking care of our family in every little part of our day. We will trust in you with our whole hearts. Amen.

Bible Passages for Special Times

When I am feeling happy:

- Psalm 117
- Psalm 150
- Philippians 4:4–7

When I am feeling sad:

- Psalm 36:5–10
- Romans 8:38–39
- Revelation 21:1–4

When I am feeling afraid:

- Psalm 27
- Luke 12:22–31
- John 14:27

When I want to say thank you to God:

- 1 Chronicles 16:28–34
- Psalm 30
- 1 Thessalonians 5:16–18



Everyday Practices

Golden Rule

“Do for others what you want them to do for you.”
(Matthew 7:12)

Ten Commandments

1. I am the Lord your God, you shall not have other gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord’s Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor’s wife.
10. You shall not covet your neighbor’s possessions.

(Based on Exodus 20:1–17. For more on the Ten Commandments, see Exodus, chapter 20, in *The Catholic Children’s Bible*.)

