

THE
Catholic
Faith
Handbook
FOR YOUTH

SECOND EDITION

Brian Singer-Towns
with
Janet Claussen
Clare vanBrandwijk
and other contributors

Saint Mary's Press®

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Contents

Introduction	7
1. Being Catholic: The “CliffsNotes” View	13
2. Knowing God: Reason and Revelation	20

Part A: The Creed

3. Faith	32
4. God Our Father	40
5. The Human Person	48
6. Jesus Christ: True God and True Man	56
7. Jesus’ Message and Mission	64
8. Jesus’ Death	74
9. Jesus’ Resurrection	83
10. The Holy Spirit	92
11. The Mission of the Catholic Church	100
12. The Organization of the Catholic Church	111
13. The Last Things	123

Part B: Liturgy and Sacraments

14. Introduction to the Liturgy	134
15. Introduction to the Sacraments	145
16. Baptism	154
17. Confirmation	164

18. The Eucharist	172
19. Sacraments of Healing	183
20. Sacraments at the Service of Communion	193

Part C: Christian Morality

21. Introduction to Christian Morality	206
22. Social Justice	216
23. Sources of Moral Truth	226
24. Honoring God	236
25. Honoring Family	245
26. Respecting Life	253
27. Respecting Sexuality	265
28. Respecting Material Goods	276
29. Respecting Truth	285
30. The Moral Life	294

Part D: Christian Prayer

31. Introduction to Prayer	304
32. The Forms of Prayer	314
33. Personal Prayer	323
34. Praying with the Scriptures	332
35. Praying Together	342
36. The Lord's Prayer: God's Glory	352
37. The Lord's Prayer: Human Need	361

Catholic Quick Facts

Catholic Beliefs and Practices	372
Catholic Prayers and Devotions	382
Catholic Signs and Symbols	392
Patron Saints and Their Causes	398
Catholic Terms and Definitions	409
Timeline	438

Frequently Asked Questions Index	444
Index	448
Acknowledgments	461
Endnotes Cited in Quotations from the <i>Catechism of the Catholic Church</i> and Other Documents of the U.S. Catholic Bishops	470



“My Dear Young Friends”

Pope John Paul II began many of his talks to youth with these words. It is also a fitting welcome to this handbook about Catholic beliefs and practices. It may seem presumptuous to address you as a friend when we haven't personally met. But it is symbolic of a truth that the Holy Father (another name for the Pope) constantly lived out, the belief that we are all one family. Every member of the human race is a member of that family, united by the one God who created us all, which is why we should be able to call one another friends, despite differences in nationality or religious beliefs.

Within the human family is another large family, the family of those who are members of the Catholic Church. This handbook is a guide to that family, an overview of the important teachings and beliefs of the Catholic Church. You may be a member of that family, and as a baptized Catholic, you are using this handbook as a textbook or reference book in a religion class. Or you may be using this handbook as part of a program preparing you to become a member of the Catholic family. Or perhaps you are reading this handbook simply because you are curious about what Catholics believe and do.

This handbook has been created for all these purposes. Its uniqueness is that it was created especially for teens and young adults. It is not a child's book. You will not find any cartoon characters or cute talking vegetables—which have their place but not here! We have created it to respect your curiosity and provide you with honest, to-the-point answers. Every word and image has been carefully chosen to show you something about Catholic beliefs, art, culture, and history.



Pope John Paul II was an enthusiastic supporter of young people.

We who created this handbook care deeply about young people, and about the Catholic Church, so we dare to call you our dear young friends. We hope and pray you enjoy using this handbook as much as we enjoyed creating it.

Study! It!

You may have heard of a book called the *Catechism of the Catholic Church* (referred to from here on as the *Catechism* or *CCC*). Perhaps you have seen a copy at home or at school. It is a book of the most important teachings of the Catholic Church. Pope John Paul II approved the *Catechism*. Bishops, priests, youth ministers, teachers, and other adult Catholics use it as a reference book for authentic Catholic teaching. In its content and structure, this handbook reflects the *Catechism*.

For example, the *Catechism* is divided into four major sections. Each section reflects an important aspect of Catholic teaching. This book follows the same structure. After a couple of introductory chapters, you will find the following sections:

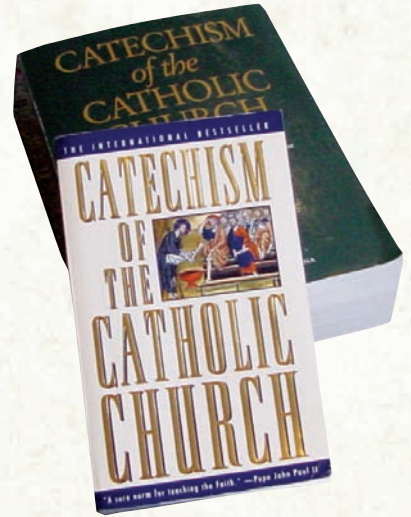
- **Part A.** This section is an overview of what Catholics believe about God, Jesus Christ, the Holy Spirit, and the Church. It is based on the Apostles' Creed.
- **Part B.** This section is an overview of how Catholics worship God and encounter Jesus Christ through the Seven Sacraments of the Church.

- **Part C.** This section is about Catholic moral decision-making, sin, and conscience. The Ten Commandments are used as the basis for exploring and understanding what the Church teaches about specific moral issues.
- **Part D.** This section is about the Church's teaching on prayer. It talks about types of prayer, ways of praying, and what we pray for when we pray the Lord's Prayer.

In a way this book is like a study guide or *Catechism* for teens. It contains the essential teachings of the *Catechism of the Catholic Church* but is presented using language and examples that will be easier for you to understand. Each chapter also contains additional short articles to help you further study and live these teachings. Here are short explanations of the five types of additional articles you will find.

Did You Know?

The chapters do not explain everything there is to know about the Catholic faith. They cover the essentials, the basics. The Did You Know? articles give additional information that a well-informed Catholic should be aware of. They provide you with the answers to questions like “Why are the priest’s vestments (special clothing worn during Mass) different colors at different times of the year?” or “How many Catholics are there in the world?” If you familiarize yourself with the Did You Know? articles, you can amaze your family and friends with your knowledge of Catholic trivia!



The *Catechism of the Catholic Church* is the authoritative source for Catholic beliefs. *The Catholic Faith Handbook for Youth* reflects its content and structure.

LIVE it!

The Live It! articles contain ideas and advice for putting your faith into action. A faith that isn't lived out isn't true faith.

The Letter of James says:

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead. (2:14–17)

In the Live It! articles, you will find advice on setting up a prayer time, suggestions for keeping control of your tongue, ideas on how to respond when someone questions your faith, and a description of how to go to confession. You will find that the Live It! articles contain lots of solid, practical advice.

Looking Back←

The Catholic Church has a long and rich history, and most of us are familiar with only a little piece of it. The Looking Back articles will help you understand and appreciate more of our history. They describe historical events, present the teaching of saints and Church leaders, and explain why certain Church councils were called. Through the Looking Back articles, you will gain a better appreciation of the wisdom of two thousand years of Church history.

Saintly Profiles

The Catholic Church has an important tradition of honoring women and men whose holy life is an inspiration to others. These are the official saints of the Catholic Church, and there are hundreds of them. The Saintly Profile articles give you

short biographies of thirty-seven of these saints. These saints were chosen to represent the wide variety of people who have become official saints in the Catholic Church. Most of them are famous names you will hear if you hang around involved Catholics for very long. We hope their stories will inspire you to learn more about these great people and to explore your own call to holiness. The date of each saint's feast day is also given, which is the day the Church designates for remembering and celebrating the saint's life.

Pray!

Prayer is a rich part of the Catholic Tradition. As a young person, you may not yet have experienced all the ways in which Catholics pray. These articles will expose you to lots of different ways to expand your prayer life. They will teach you the Jesus prayer, how to create your own blessing prayer, and how to say traditional prayers like the rosary. Many of the articles explain different aspects of the liturgy, the public worship of the Church. They include quotes from the prayers used in the Mass and the Sacraments so you can reflect on the meaning of these prayers more deeply.

Catholic Quick Facts

In addition to the material in the chapters, you will find a treasury of easy-to-access information at the end of the book. We call this information Catholic Quick Facts, and in it you will find the following sections:

- lists of Catholic beliefs and practices
- a collection of traditional Catholic prayers and devotions
- an illustrated guide to Catholic signs and symbols
- a list of patron saints and their causes
- a glossary of Catholic terms and their definitions
- a timeline with important dates and events from the history of the Catholic Church

Turn to Catholic Quick Facts when you want to find a prayer for a special need, find a list with the gifts of the Holy Spirit, or look up the meaning of a word you are not familiar with. You may find it interesting just to browse through these lists from time to time.

This handbook also includes two indices: an index of questions frequently asked by teens and a subject index.

How to Use This Handbook

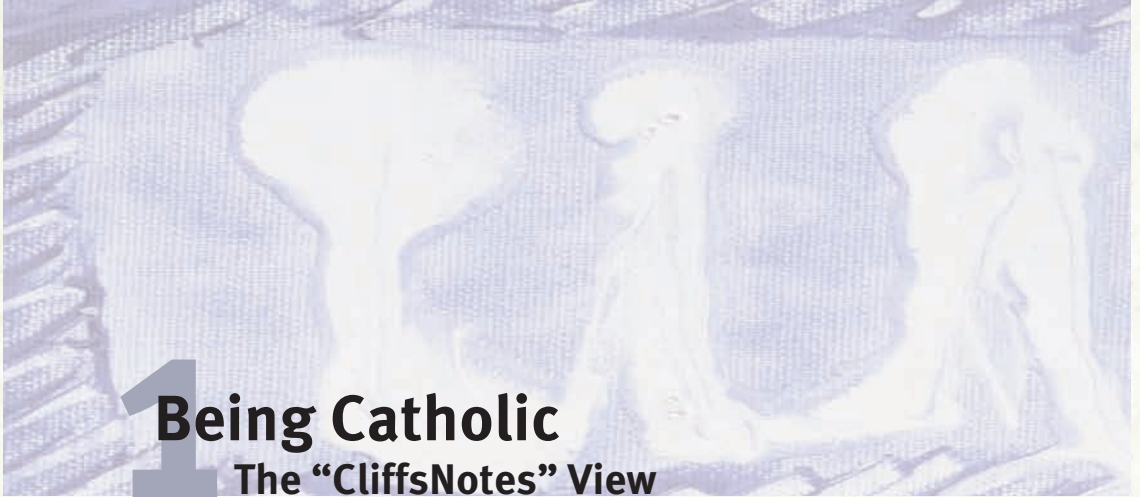
You can make use of this handbook in many ways. You may be using it as a textbook for your parish religious education program or Confirmation preparation program. But this handbook isn't meant to be used just as a textbook. It's a guide you can use in many different ways.

For example, you and your Confirmation sponsor or mentor could read it together. Use the reflection questions at the end of each chapter to discuss how you feel about what you have learned and read. A parent might be interested in doing this with you to brush up on his or her Catholic faith.

Maybe you want to use this book just for private reading and go through it in your own time. The chapters are short, so it won't take you long to read through one. If you do read the handbook this way, we suggest that you keep a Bible close at hand. The handbook contains many references to Bible stories and passages that you will want to look up.

Or maybe you just want to keep this book handy as a reference when you have a question about the Catholic faith. The index in the back will help you quickly find a specific teaching or topic. The handbook was designed to make it quick and easy for you to find the information you need. Take it with you on retreats and conferences so that if questions come up, you have a resource handy with answers you can trust.

The people at Saint Mary's Press believe in you. We want you to experience the deep peace, joy, and love that come through faith in Jesus Christ and membership in his Church. We hope this handbook will help you to better understand what faith in Jesus and membership in the Church truly mean. With Saint Paul we pray "that the one who began a good work among you will bring it to completion by the day of Jesus Christ" (Philippians 1:6). God bless you!



Being Catholic means many different things to people. For some people it means a whole culture or way of being in the world. It means Friday fish fries, Advent wreaths and crucifixes, having priests and sisters as friends, and saying rosaries, among many other things. For these folks, being Catholic is a wonderful way of experiencing God in the world and following Jesus Christ. We hope you know some Catholics like this.

On the other hand, many people's only understanding of Catholicism comes from what they see and hear in the popular media. They see the priest or bishop involved in a scandal, the Catholic social activist, and the nuns from *Sister Act*. The media also present us with the travels of popes and the heroic service of Mother Teresa and her sisters. The popular image of Catholicism formed by the media is filled with stereotypes and misinformation and is an inadequate source for truly understanding what Catholics are all about.

This book will help you understand what motivates the devoted Catholic and how to figure out what is true and what isn't true in what you see and hear in the popular media. This chapter begins with some basic facts about Catholics and a brief overview about what we believe as Catholics. But don't settle for this "CliffsNotes" view of Catholicism. Let it whet your appetite for exploring the rest of the book!

Why Are All These People Catholic?

It is estimated that there are just over one billion Catholics living in the world. That is about 16 percent of the world’s population. There are more Catholics than there are people in any other Christian denomination. There are also more Catholics than there are Jews, Hindus, or Buddhists—only Muslims have more members. Catholics and Catholic churches can be found almost anywhere in the world.

So what do these numbers mean? Let’s be honest. On the one hand, they do not necessarily mean anything at all. A religion isn’t necessarily good or true simply because lots of people belong. The truth of Catholicism cannot be determined by how many people are Catholic.

On the other hand, the great number of Catholics in the world testifies to Catholicism’s universal appeal and to the power that the Catholic faith has in people’s lives. Since the Catholic Church’s humble beginnings following the death and Resurrection of Jesus Christ, it has truly become a worldwide religion. People of every nationality and cultural background embrace it. Surely such a religious tradition must have something compelling to offer.

If you ask a dozen different Catholics what is compelling about their faith, you will probably get a dozen different answers.

This is one of the wonderful things about the Catholic faith! Its rich tradition provides something for all people, no matter what their particular personality or spiritual need may be. The Catholic Church includes people who desire quiet, meditative prayer as well as those who enjoy communal prayer filled with sound and action. The Catholic Church embraces people who desire a clear and unchanging set of beliefs, as well as those who want to explore how those beliefs are applied to different cultures and a changing world. The Catholic Church is made up of people who provide direct service to those in need as well

Did You Know?

How Many Catholics Are There?

Catholics in North America

Canada: 13 million Catholics (43 percent of the population)
Mexico: 95 million Catholics (89 percent of the population)
United States: 69.1 million Catholics (23 percent of the population)

Catholics in the World

Africa: 148.8 million (16.9 percent of the population)
North America: 233.8 million (45.7 percent of the population)
South America: 315 million (85 percent of the population)
Asia: 113.5 million (2.9 percent of the population)
Europe: 278.7 million (39.5 percent of the population)
Oceania: 8.6 million (26.5 percent of the population)

(Source: 2007 *Catholic Almanac*)

as people who want to change structures in society to create a more just world.

But if you listen carefully, you will hear some common threads when Catholics talk about what is important to them about the Catholic faith. They often will talk about the beliefs of the Catholic faith that are rooted in the revelation of the Scriptures and Tradition (more on that in the next chapter). They also talk about the practices of the Catholic faith, the ways in which Catholics pray and make moral decisions. And they talk about the world view of Catholicism, that is, the attitudes that Catholics display as they live out their faith in the world. Let’s look briefly at these three areas: beliefs, practices, and attitudes.

Some Core Catholic Beliefs

The following list is meant to give you a quick glimpse of the core beliefs of Catholic Christians. These statements may leave you with many questions. In fact, we hope they raise questions for you, which is why you will find them explained in greater depth in later chapters.

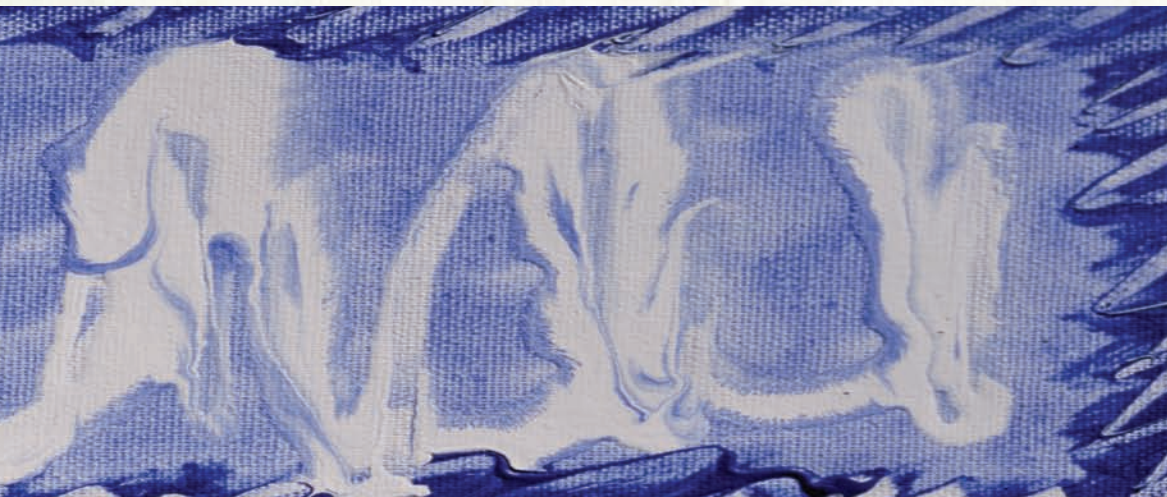
- God created human beings to be in perfect union with God and one another. However, the sin of our first parents—called Original Sin—deprived the human race of our original holiness and justice.
- Throughout human history God worked to restore the relationship of love and trust that was lost through Original Sin. He did this by entering into covenants—special relationships based on mutual promises—with Noah, Abraham and Sarah, and the people of Israel. But the people often broke their covenant promises.

LIVE!
it!

Young People’s Testimony

My first thought is that I am Catholic because I was raised Catholic. But that is not the only reason I am Catholic. Being Catholic is also feeling like I am part of God’s family when I am in my church. It is also important to me that the Catholic faith is the only faith that believes that Christ is in the Eucharist and that the bread and wine are really the body and blood of Jesus Christ. These are the greatest reasons that I am a Catholic. (Tara, age 17)

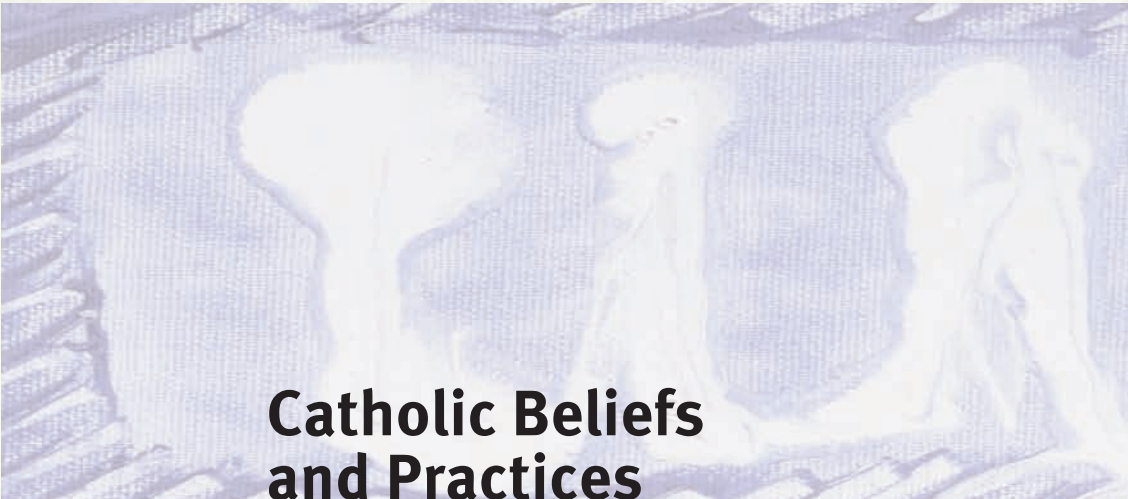
Catholicism means knowing you’re never alone and never being left alone. It means knowing that someone is always there, even in spirit. Sometimes at night I like to lie in bed and wonder, “What place do I have in the Lord’s plan?” Without my faith and love in our religion, I would be lost. Catholicism is more than the light in the dark; it’s the light of the world. It’s impossible to conceal because it’s in the hearts of millions. We are all a part of Catholicism’s great mysteries because we are its home—every one of us living and working and praying together. (Laura, age 15)



Catholic Quick Facts is a mini-encyclopedia of information on Catholicism. In these pages you will find the following sections:

- Catholic Beliefs and Practices 372
- Catholic Prayers and Devotions 382
- Catholic Signs and Symbols 392
- Patron Saints and Their Causes 398
- Catholic Terms and Definitions 409
- Timeline 438

Catholic Quick Facts



Catholic Beliefs and Practices

In using this collection of major Catholic beliefs and practices, be aware of two things:

- Many of the items that are only listed here are more fully defined in the glossary of Catholic terms and definitions. For example, here we list the Seven Catholic Sacraments; in the glossary of terms, we define each one.
- Behind many of these items, you will see a number in parentheses. That number refers to a paragraph in the *Catechism of the Catholic Church*. The referenced paragraph is often just the beginning of a complete discussion of the item that we can only briefly name here. If you would like more information on any of these beliefs and practices, look to the *Catechism* as a primary reference.

Two Great Commandments

- You shall love the Lord your God with all your heart, with all your soul, and all your mind, and with all your strength.
- You shall love your neighbor as yourself.
(*Matthew 22:37–40, Mark 12:29–31, Luke 10:27*)

Ten Commandments (cf. 2084ff.)

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

Beatitudes (cf. 1716)

- Blessed are the poor in spirit, the kingdom of heaven is theirs.
- Blessed are they who mourn, they will be comforted.
- Blessed are the meek, they will inherit the earth.
- Blessed are they who hunger and thirst for righteousness, they will be satisfied.
- Blessed are the merciful, they will be shown mercy.
- Blessed are the clean of heart, they will see God.
- Blessed are the peacemakers, they will be called children of God.
- Blessed are they who are persecuted for the sake of righteousness, the kingdom of heaven is theirs.

Corporal Works of Mercy (cf. 2447)

- Feed the hungry.
- Give drink to the thirsty.
- Shelter the homeless.
- Clothe the naked.
- Care for the sick.
- Help the imprisoned.
- Bury the dead.



Catholic Prayers and Devotions

As in the section on Catholic beliefs and practices, you will see a number in parentheses behind some of these prayers and devotions. That number refers you to a paragraph in the *Catechism of the Catholic Church* that may offer a more complete explanation of the prayer or devotion.

Act of Contrition (cf. 1451)

My God, I am sorry for my sins
with all my heart, and I detest them.
In choosing to do wrong and failing to do good,
I have sinned against you,
whom I should love above all things.
I firmly intend, with your help,
to do penance, to sin no more,
and to avoid whatever leads me to sin.
Our savior Jesus Christ suffered and died for us.
In his name, my God, have mercy.

Act of Faith

My God, I firmly believe you are one God in three Divine
Persons, Father, Son, and Holy Spirit.

I believe in Jesus Christ, your son, who became man and died for our sins, and who will come to judge the living and the dead.

I believe these and all the truths which the Holy Catholic Church teaches, because you have revealed them, who can neither deceive nor be deceived.

Amen.

Act of Hope

O my God, trusting in your infinite goodness and promises, I hope to obtain pardon of my sins, the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and redeemer. Amen.

Act of Love

My God, I love you above all things, with my whole heart and soul, because you are all-good and worthy of all my love. I love my neighbor as myself for love of you. I forgive all who have injured me, and I ask pardon of all whom I have injured. Amen.

Angelus

The angel of the Lord declared unto Mary,
And she conceived of the Holy Spirit.

Hail Mary . . .

Behold the handmaid of the Lord,

Be it done unto me according to your word.

Hail Mary . . .

And the Word was made flesh,

And dwelt among us.

Hail Mary . . .

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ. Let us pray: Pour forth, we beseech you, O Lord, your grace into our hearts that we to whom the incarnation of Christ, your Son, was made known by the message of the angel may, by his passion and cross, be brought to the glory of his resurrection, through Christ our Lord.



Catholic Signs and Symbols



Alpha and Omega. The first and last letters of the Greek alphabet. They appear together on the Paschal candle and signify the eternal presence of Jesus Christ. He is the beginning and the end.



Altar. The central focal point in a church and a symbol of Christ. It is the place where the sacrifice of the cross is made present and truly reencountered. It is also the table of the Lord to which the People of God are called to celebrate Mass.



Ambo. The lectern from which the Word of God is proclaimed.

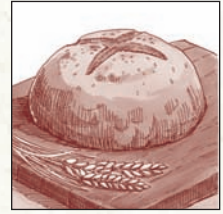
Ashes. From burnt palms, ashes remind us of our sins and our need for God.



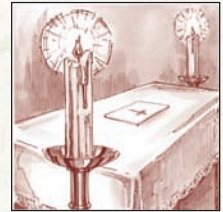
Baptismal pool. A large tank of water used for Baptism by immersion. Being baptized unites one with the Paschal Mystery of Jesus Christ—his life, suffering, death, Resurrection, and Ascension—and with the entire Church.



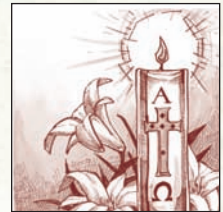
Bread. Carried to the altar during the Presentation of the Gifts at Mass, bread symbolizes the goodness of God’s creation and the work of our lives. It is both God’s gift to us and our gift to God, because we give that which we have already received from God. Through Consecration and the action of the Holy Spirit, it becomes the Body of Christ.



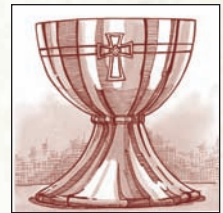
Candle, Altar. The candles placed near the altar and always lit during Mass to signify that Christ is the light.



Candle, Paschal. The large white candle that is lit at the Easter Vigil. It is a symbol of the Resurrection of Jesus Christ, who dispels the darkness of death.



Chalice. The cup used during Mass that holds the wine before the Consecration and the Blood of Christ after the Consecration. It represents the cup used at the Last Supper and is a symbol of Jesus’ sacrifice and eternal life. Before Jesus died he prayed: “Father, if you are willing, remove this cup from me; yet, not my will but yours be done” (Luke 22:42).





Patron Saints and Their Causes

A

Accountants, Saint Matthew, *September 21*

Actors, Saint Genesius, *August 25*

Addicts, Saint Maximilian Maria Kolbe, *August 14*

Advertising, Saint Bernardino of Siena, *May 20*

African Americans, Saint Benedict the African, *April 4*; Saint Peter Claver, *September 9*; Saint Martin de Porres, *November 3*

AIDS patients, Saint Peregrine Laziosi, *May 16*

Air travelers, Saint Joseph of Cupertino, *September 18*

Alcoholics, Venerable Matt Talbot, Saint Monica, *August 27*

Altar servers, Saint John Berchmans, *November 26*

Americas, Our Lady of Guadalupe, *December 12*; Saint Rose of Lima, *August 23*

Anesthetists, Saint René Goupil, *October 19*

Animals, Saint Francis of Assisi, *October 4*

Archaeologists, Saint Helen, *August 18*

Architects, Saint Thomas the Apostle, *July 3*

Argentina, Saint Gabriel the Archangel, *September 29*; Our Lady of Luján

Art, Saint Catherine of Bologna, *May 9*

Artists, Saint Luke, *October 18*; Saint Catherine of Bologna, *May 9*; Blessed Fra Angelico, *February 18*



Catholic Terms and Definitions

abortion. The deliberate termination of a pregnancy by killing the unborn child. The Roman Catholic Church considers such direct abortion a grave contradiction of the moral law and a crime against human life.

absolution. An essential part of the Sacrament of Penance and Reconciliation in which the priest pardons the sins of the person confessing, in the name of God and the Church.

abstinence. The avoidance of a particular kind of food as an act of penance or spiritual discipline; in Catholicism, the avoidance of meat on certain days.

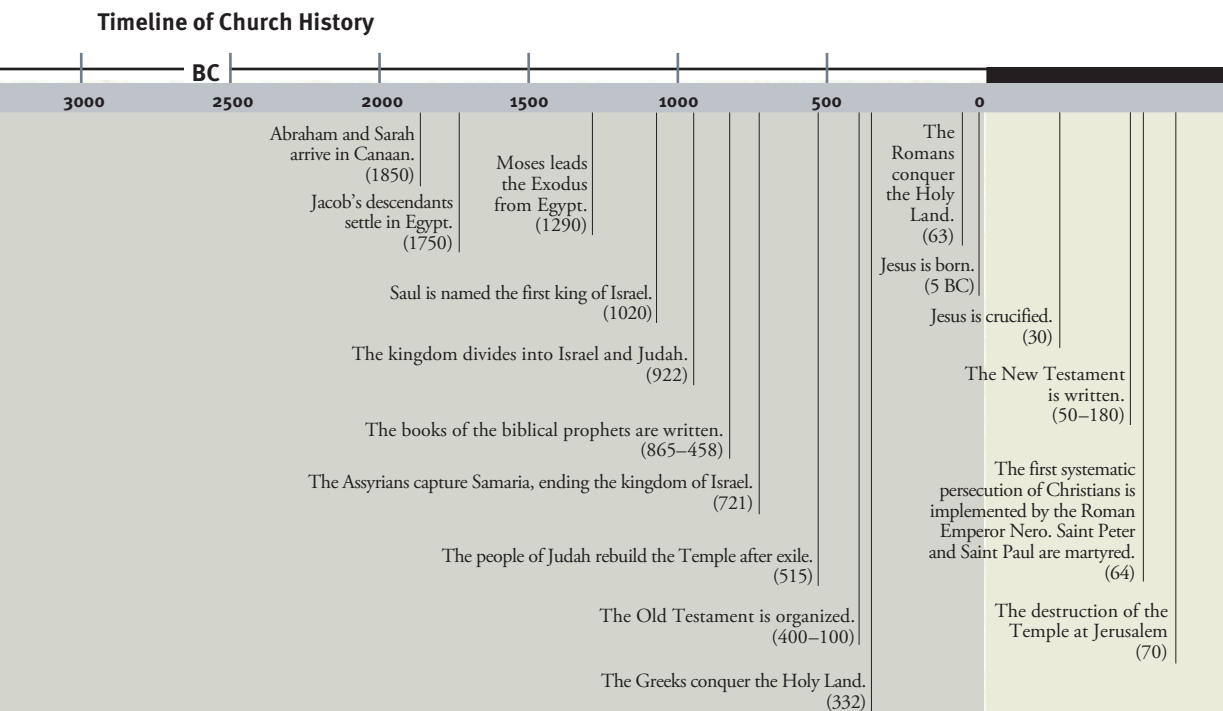
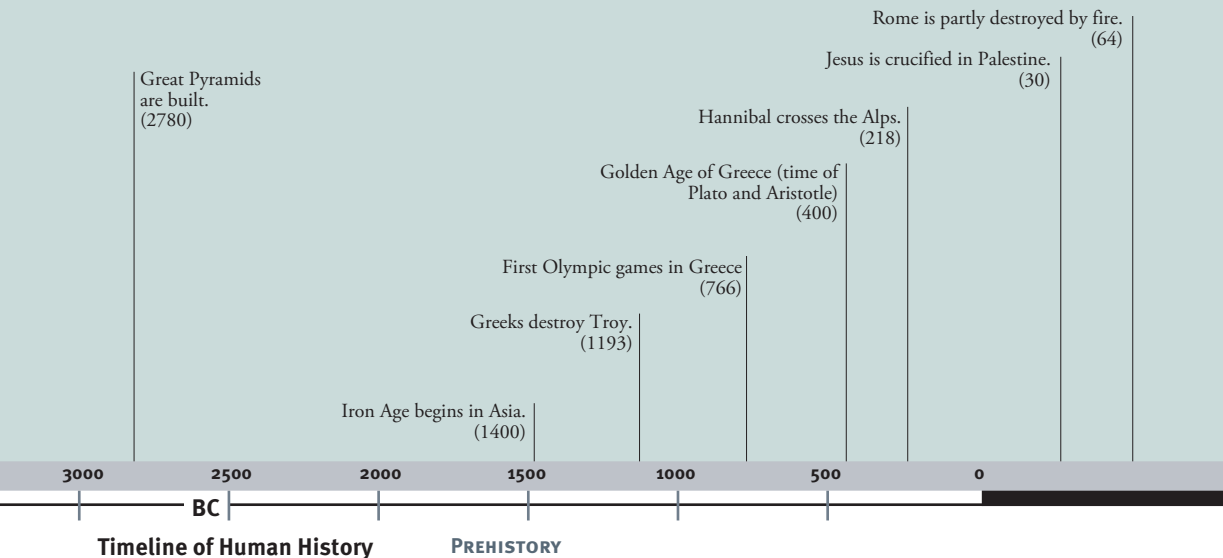
Act of Contrition. A prayer of sorrow for one's sins, a promise to make things right, and a commitment to avoid those things that lead to sin. Such a prayer can be said anytime but is always part of the Sacrament of Penance and Reconciliation.

adoration. The prayerful acknowledgment that God is God and Creator of all that is.

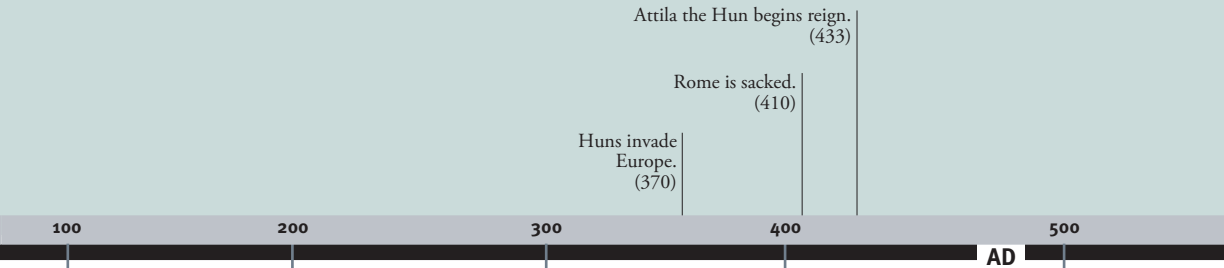
adultery. Sexual activity between two persons, at least one of whom is married to another. Prohibited by the Sixth Commandment.

Advent. The four-week liturgical season during which Christians prepare themselves for the celebration of Christmas.

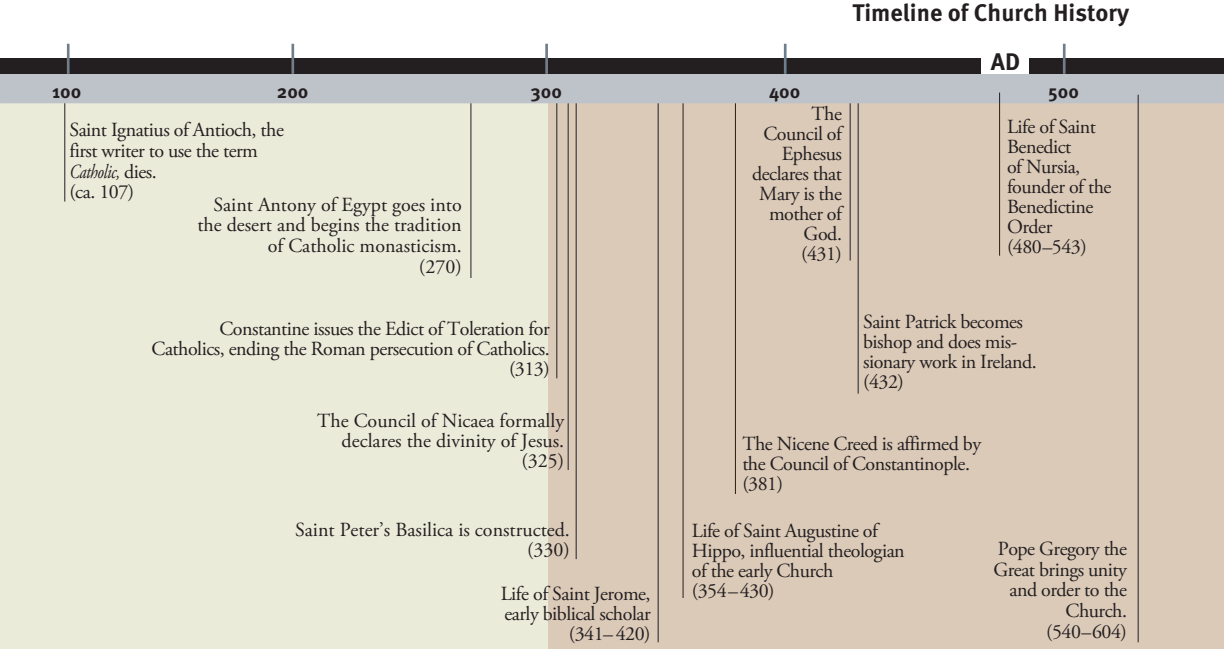
- almsgiving.** Freely giving money or material goods to a person who is needy. It may be an act of penance or of Christian charity.
- amen.** A Hebrew word meaning “let it be so” or “let it be done.” As a conclusion to prayer, it represents the agreement by the person praying to what has been said in the prayer.
- angel.** Based on a word meaning “messenger,” a personal and immortal creature with intelligence and free will who constantly glorifies God and serves as a messenger of God to humans to carry out God’s saving plan.
- annulment.** A declaration by the Church that a marriage is null and void, that is, it never existed. Catholics who divorce must also have the marriage annulled by the Church to be free to marry again in the Church.
- Annunciation.** The biblical event in which the angel Gabriel visits the virgin Mary and announces that she is to be the Mother of the Savior.
- Anointing of the Sick.** One of the Seven Sacraments, sometimes formerly known as “the Sacrament of the dying,” in which a gravely ill, aging, or dying person is anointed by the priest and prayed over by him and attending believers. One need not be dying to receive the Sacrament.
- Apostles.** The general term *apostle* means “one who is sent” and can be used in reference to any missionary of the Church during the New Testament period. In reference to the twelve companions chosen by Jesus, also known as “the Twelve,” the term refers to those special witnesses of Jesus on whose ministry the early Church was built and whose successors are the bishops.
- apostolic fathers.** A group of Greek Christian authors in the late first and early second centuries. They are our chief source of information about the early Church and may have historical connections to the Apostles.
- apostolic succession.** The uninterrupted passing on of authority from the Apostles directly to all bishops. It is accomplished through the laying on of hands when a bishop is ordained.
- apostolic Tradition.** *See* Tradition.
- apparition.** An appearance to people on earth of a heavenly being—Christ, Mary, an angel, or a saint. The New Testament includes stories of multiple apparitions by Jesus between Easter and his Ascension into heaven.



BEFORE THE BIRTH OF JESUS CHRIST (BC)



Timeline of Human History



Timeline of Church History

LIFE OF JESUS CHRIST AND THE EARLY CHURCH

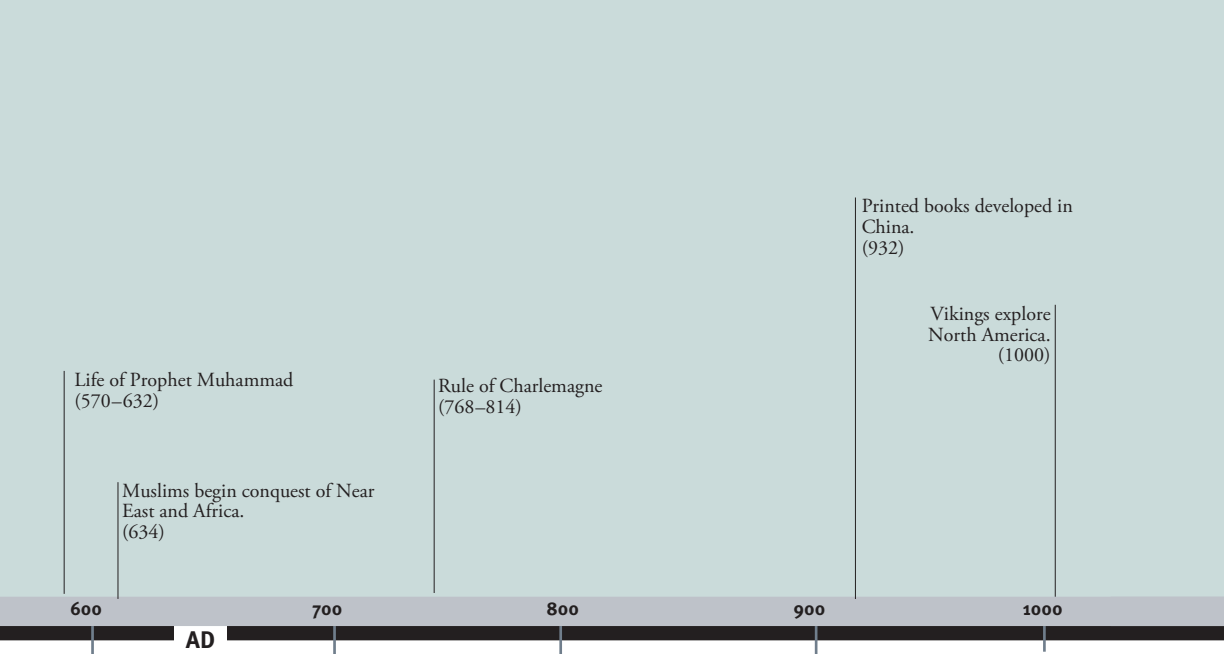
Important Church Figures

- Mary, Mother of Jesus
- Saint Peter
- Saint Mary Magdalene
- Saint Paul
- Saint Ignatius
- Saint Antony

THE CHURCH EXPANDS

Important Church Figures

- Saint Constantine
- Saint Augustine
- Saint Jerome
- Saint Patrick
- Saint Benedict
- Saint Gregory the Great
- Saint Boniface



Timeline of Human History

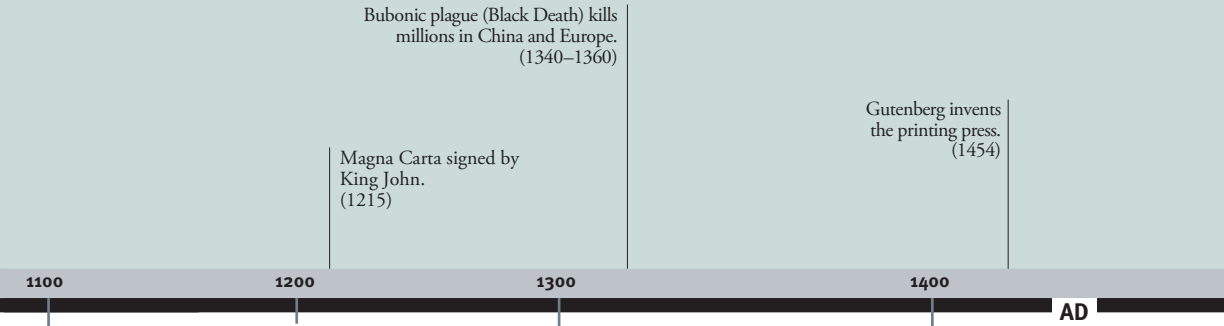


Timeline of Church History

THE CHURCH OF MEDIEVAL EUROPE

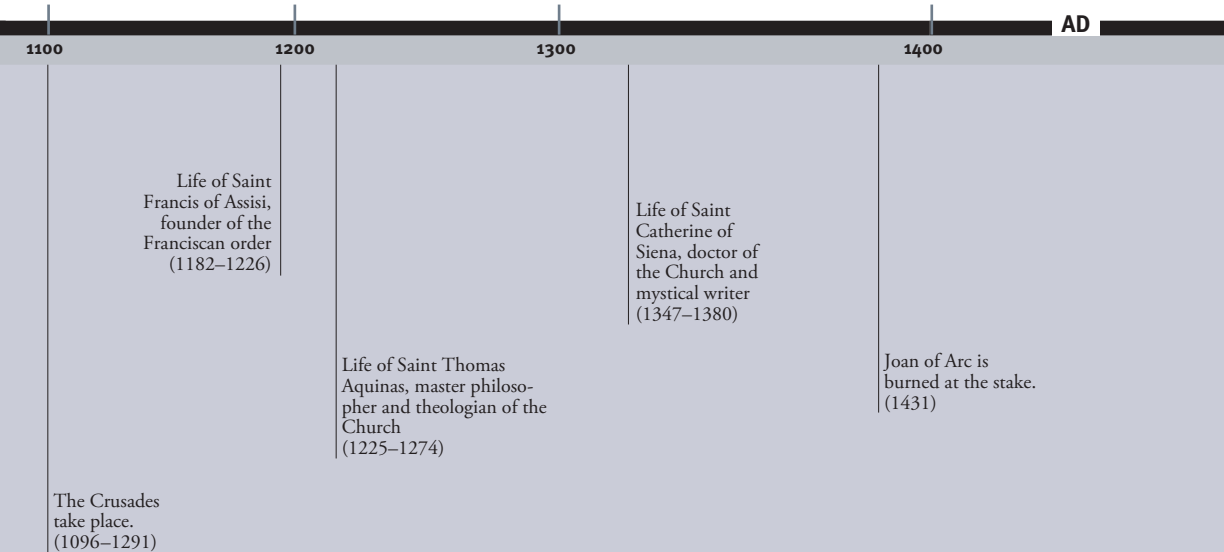
Important Church Figures

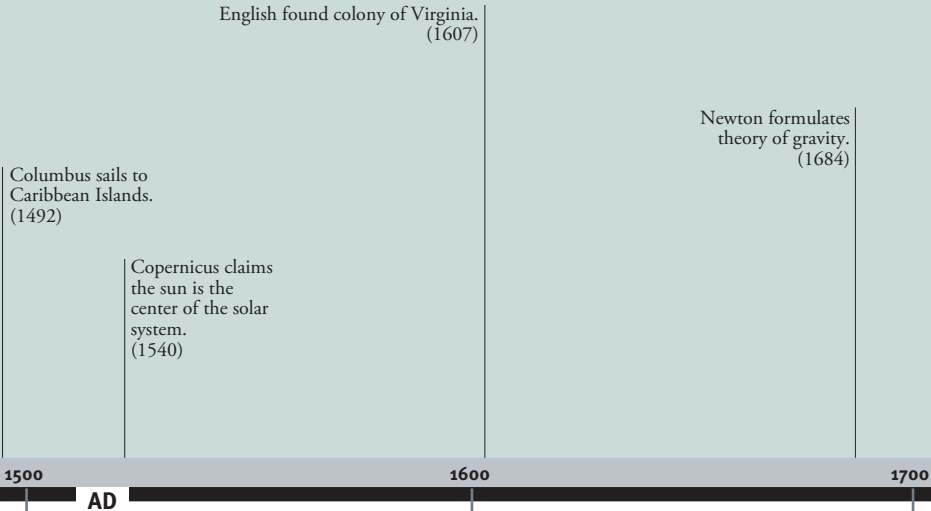
- | | |
|-------------------------|--------------------------|
| Charlemagne | Saint Thomas Aquinas |
| Saint Francis of Assisi | Saint Catherine of Siena |
| Saint Dominic | Saint Julian of Norwich |



Timeline of Human History

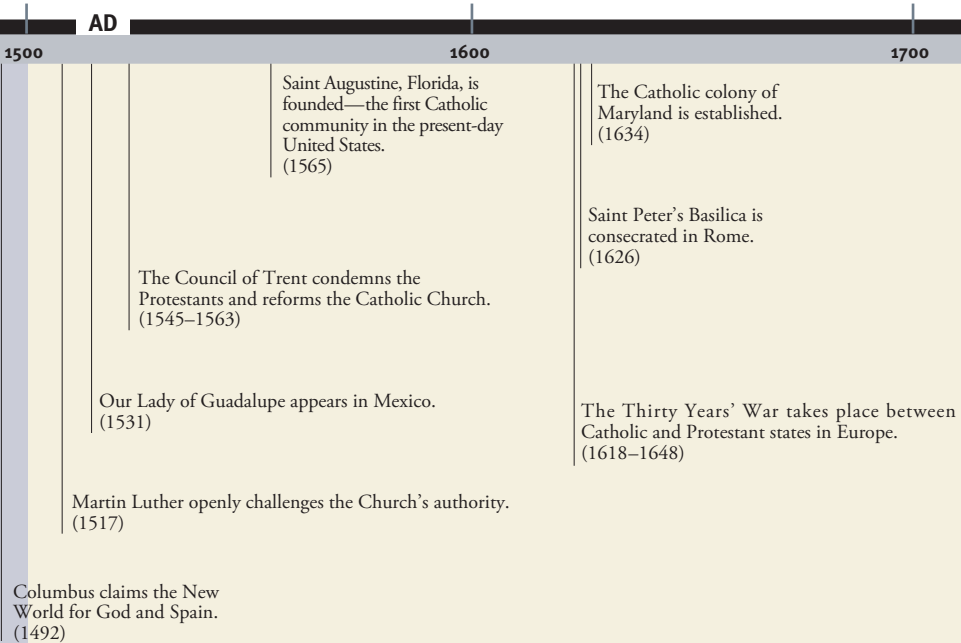
Timeline of Church History





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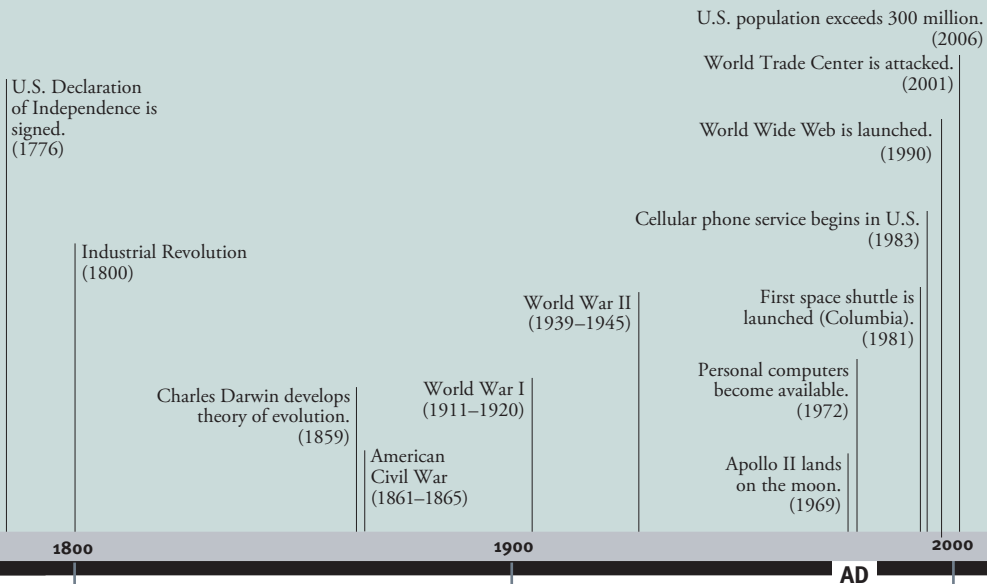
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THE REFORMATION AND COUNTER-REFORMATION

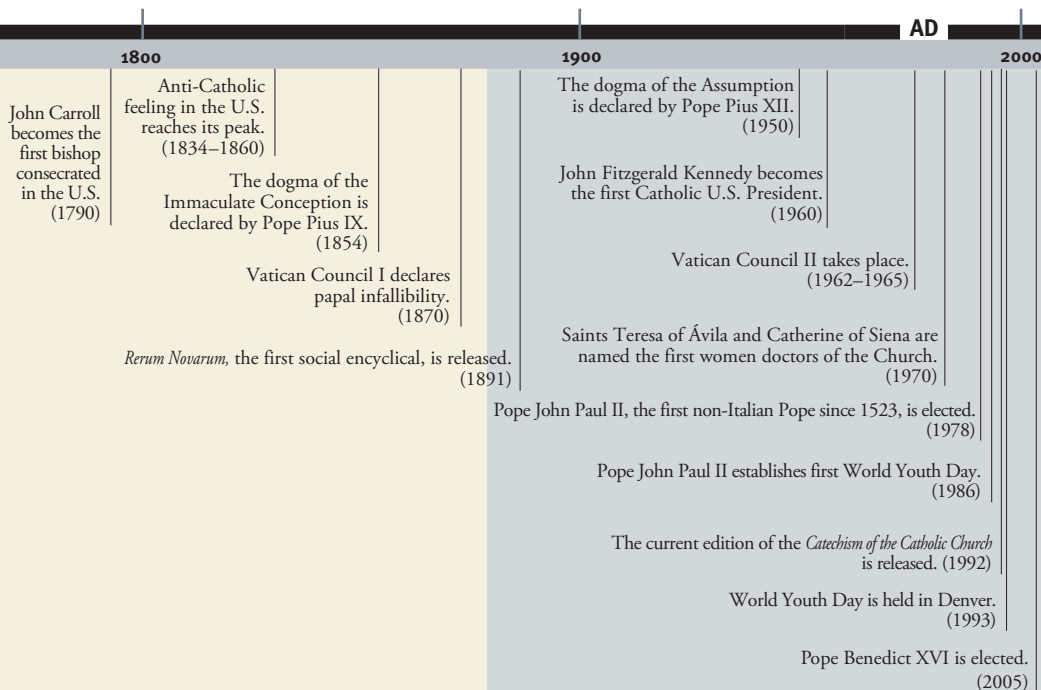
Important Church Figures

- Martin Luther
- Saint Teresa of Ávila
- Saint Thomas More
- Saint Ignatius Loyola
- Saint Vincent de Paul



Timeline of Human History

Timeline of Church History



THE MODERN CHURCH

Important Church Figures

- Pope Pius XII
- Mother Teresa
- Pope John XXIII
- Dorothy Day
- Pope John Paul II



Frequently Asked Questions Index

This index will help you explore questions frequently asked by teenagers. The numbers refer you to pages in this book. You'll notice that some page numbers are set in bold. These are suggested starting points for exploring answers.

What are some of the core Catholic beliefs?

15–16, 37–38, 382, 384

Why did God create me? Do I have a purpose?

21, 49–50

How can there be three Persons in one God?

41–43, 137

Why is the Pope the head of the whole Roman Catholic Church?

108–110, 120–121

Does the Pope's infallibility mean he cannot make a mistake?

109, **232–233**, 423

How do I know that Jesus is both man and God?

60–61, 85–91

What happened to Jesus during his teens and twenties?

64–65

Why did Jesus have to die?

78–79

What do doctrines, dogmas, and Tradition have to do with being Catholic?

23–24, 113 (see *Did You Know?*), 426

Is the Bible really the Word of God?

22–24, 28, 334–335

Do miracles really happen?

70–71, 328

Am I really made in God's image?

49–50, 207–208, 217, **254**

What will happen when I die?

123–130, **356**

Why can't women be deacons or priests?

199

Why can't Catholic priests be married?

199

Does the Church still do exorcisms—as Jesus did?

369 (see *Did You Know?*), 419

Is there really a Devil and what do we know about him?

50 (see *Did You Know?*)

Did God really create the world in seven days? What about evolution?

37, **49**

How do we know what is factually true in the Bible?

28, 423 (see “inerrancy”)

What is Purgatory? Why isn't there a direct way to heaven?

129

Is the Eucharist just a symbol?

146–147, **148**, 175–178, 418

Is the Eucharist really the Body and Blood of Christ?

177–178, 345–346



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Chapter 2

1. Pius XII, *Humani Generis*, 561: Denzinger-Schönmetzer, *Enchiridion Symbolorum, definitionum et declarationum de rebus fidei et morum* (1965) 3875.[13]

Chapter 3

1. *Ad gentes* 7; cf. *Heb* 11:6; *1 Cor* 9:16.[338]
2. *Lumen gentium* 16; cf. Denzinger-Schönmetzer, *Enchiridion Symbolorum, definitionum et declarationum de rebus fidei et morum* (1965) 3866–3872.[337]

Chapter 4

1. Cf. *Isaiah* 66:13; *Psalms* 131:2

Chapter 11

1. St. Augustine, *Sermo* 268, 4: J. P. Migne, ed., *Patrologia Latina* (Paris: 1841–1855) 38, 1231D.[243]

Chapter 17

1. Cf. *Roman Ritual*, Rite of Confirmation (*Ordo confirmationis*), Introduction 1.[89]

Chapter 19

1. *Ordo paenitentiae* 46: formula of absolution.[48]

Chapter 22

1. Cf. *Gaudium et spes* 26 § 2.[28]

Chapter 23

1. St. Thomas Aquinas, *Dec. praec.* I.[8]

Chapter 24

1. St. John Chrysostom, *De incomprehensibili* 3, 6: J. P. Migne, ed., *Patrologia Graeca* (Paris, 1857–1866) 48, 725.[116]

Chapter 26

1. John Paul II, *Evangelium vitae* 56.[68]

Chapter 27

1. *Familiaris consortio* 84.[161]

Chapter 30

1. St. Thomas Aquinas, *Summa Theologiae* II–II, 47, 2.[67]
2. St. Augustine, *De natura et gratia*, 31: J. P. Migne, ed., *Patrologia Latina* (Paris: 1841–1855) 44, 264.[51]

Chapter 33

1. St. John Chrysostom, *Ecloga de oratione* 2: J. P. Migne, ed., *Patrologia Graeca* (Paris, 1857–1866) 63, 585.[2]

Chapter 34

1. *Dei Verbum* 25; cf. *Phil* 3:8; St. Ambrose, *De officiis ministrorum* 1, 20, 88: J. P. Migne, ed., *Patrologia Latina* (Paris: 1841–1855) 16, 50.[4]

Chapter 35

1. St. John Chrysostom, *Ecloga de oratione* 2: J. P. Migne, ed., *Patrologia Graeca* (Paris, 1857–1866) 63, 585.[37]

Chapter 37

1. Attributed to St. Ignatius Loyola, cf. Joseph de Guibert, SJ, *The Jesuits: Their Spiritual Doctrine and Practice*, (Chicago: Loyola University Press, 1964), 148, n. 55.[122]

2. Origen, *De orat.* 29: J. P. Migne, ed., *Patrologia Graeca* (Paris, 1857–1866) 11, 544CD.[155]

Endnotes Cited in Quotations from *Built of Living Stones*, Numbers 16–17

Chapter 18

1. *Rite of Dedication of a Church and an Altar*, chapter 2, number 1 (*Documents on the Liturgy, 1963–1979: Conciliar, Papal, and Curial Texts* 547, number 4369): “Rightly, then, from early times ‘church’ has also been the name given to the building in which the Christian community gathers to hear the word of God, to pray together, to receive the sacraments, and to celebrate the eucharist.”[13]

2. Cf. CCC, number 2691: “The church, the house of God, is the proper place for the liturgical prayer of the parish community. It is also the privileged place for adoration of the real presence of Christ in the Blessed Sacrament. The choice of a favorable place is not a matter of indifference for true prayer.” Cf. *Rite of Dedication of a Church and an Altar*, TC, number 6.[14]

Endnotes Cited in Quotations from *The Harvest of Justice Is Sown in Peace*

Chapter 26

1. National Conference of Catholic Bishops, *Human Life in Our Day* (Washington, D.C.: USCC Office for Publishing and Promotion Services, 1968), nos. 143–153.

2. Archbishop John Roach, “Letter to Secretary of Defense Richard Cheney,” October 23, 1991, *Origins* 21:22 (November 7, 1991), 352.

Endnote Cited in a Quotation from *Role of the Christian Family*, Number 12

Chapter 27

1. Cf. e.g., Hos. 2:21; Jer. 3:6–13; Is. 54

Endnote Cited in a Quotation from *Gaudium et Spes*, Number 48

Chapter 27

1. Cf. Pius XI, encyclical letter Casti Connubii: *Acta Apostolicae Sedis* 22 (1930), pp. 546–547; Denzinger-Schönmetzger 3706.[2]

Endnote Cited in a Quotation from *Economic Justice for All*, Number 87

Chapter 28

1. On the recent use of this term see: Congregation for the Doctrine of the Faith, *Instruction on Christian Freedom and Liberation*, 46–50, 66–68; *Evangelization in Latin America's Present and Future*, Final Document of the Third General Conference of the Latin American Episcopate (Puebla, Mexico, January 27–February 13, 1979), esp. part VI, ch. 1, “A Preferential Option for the Poor,” in J. Eagleson and P. Scharper, eds., *Puebla and Beyond* (Maryknoll: Orbis Books, 1979), 264–267; Donal Dorr, *Option for the Poor: A Hundred Years of Vatican Social Teaching* (Dublin: Gill and Macmillan/Maryknoll, N.Y.: Orbis Books, 1983).

Endnote Cited in a Quotation from *Dei Verbum*, number 25

Chapter 34

1. Second Council of Orange, Canon 7: Denzinger 180 (377); First Vatican Council, loc. cit.: Denzinger 1791 (3010).[5]

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142
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178, 180, 190, 305, 306, 334, 344