

Understanding Catholic Christianity Student Workbook

Thomas Zanzig
and Contributing Authors

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Text Activities

Contributing Authors:

Jacqueline Syrup Bergan
Lisa-Marie Calderone-Stewart
Judith Dunlap
Edward F. Gabriele
Gretchen Hailer
Maryann Hakowski
Gail Daniels Hassett

Joyce Heil
Shirley Kelter
Marilyn Kielbasa
Nancy Marrocco
S. Marie Schwan
Brian Singer-Towns
Michael Theisen



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* This is a resource, not a handout.

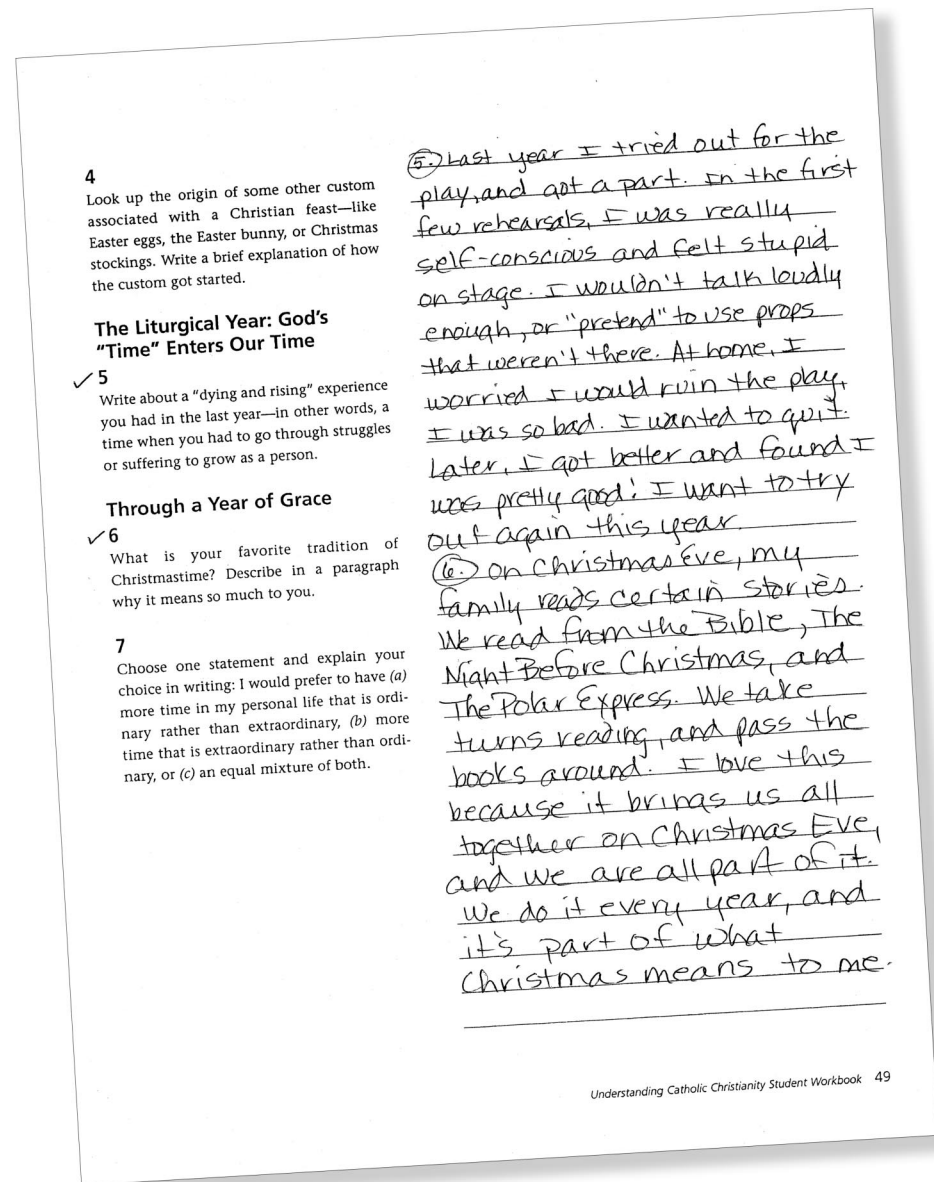
TEXT ACTIVITIES

IDENTITY AND DEVELOPMENT

Becoming Who You Are Called to Be

How to Use This Workbook

Directions: Use all of the lines to answer the questions—probably one or two per page—that your teacher assigns.



Unique in All the World

1

Have you been told about your origins—about how your parents met, the circumstances of your coming into the world, the day or night you were born? If you were adopted and do not know about your biological parents, have you been told about the day you came to live with your family? Write about any stories you have been told.

2

Find four photos of yourself, one taken recently and three from younger ages. For the "you" in each photo, describe in writing a memory you have (or have been told) that expresses what you were like at each age.

3

If you are Catholic and have celebrated your first Communion, try to locate a photo of yourself on that occasion. Recall what you felt on that day. Then write a paragraph comparing your attitude toward religion at the time of your first Communion with what you feel about it now.

4
Recall images of God or religious beliefs held by young children that now seem humorous to you. Draw upon your own childhood as well as that of other children you know. Briefly describe a couple of these humorous images in writing.

5
In a one-page essay, answer this question: *Why are you taking this course, and how do you feel about it?*

6
What are the gifts and givens in your life? In a paragraph, summarize what has been given to you as part of your heritage or background.

Adolescence: Journeying from Childhood to Adulthood

7
Do boys experience the same social pressure as girls to measure up to certain physical standards of attractiveness? Explain briefly in writing.

8
Based on current magazine and TV ads, describe in writing what is considered attractive nowadays in women’s looks. Then answer this question: *How are most teenage girls likely to feel about themselves when compared with this standard?*

9
Write down five suggestions for parents on how they might respond positively to the growing independent thinking, or intellectual independence, of their adolescent children.

10
Explain, in writing, whether you agree or disagree with the following statement: *Boys tend to treat girls as sex objects, but girls do not tend to treat boys as sex objects.*

11
Write about some change each of the young people described in the text is going through at either the physical, intellectual, emotional, social, or spiritual level. Then compare those changes with what you are going through at each of those levels.
