

Minutes of Grace

Heart-to-Heart Prayers

by Teens

Edited by Laurie Delgatto-Whitten



saint mary's press

The editor for this project was Laurie Delgatto-Whitten. Prepress and manufacturing coordinated by the production departments of Saint Mary's Press.

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Dedication

For Kase.

My life is so much better because you and your dad are in it.

Acknowledgments

For more than two decades, Saint Mary's Press has been publishing the written works of teens. This commitment to giving voice to our young Church, a hallmark of Saint Mary's Press, continues with *Minutes of Grace*.

I offer my deepest thanks to the hundreds upon hundreds of young people who took the time to share their most sincere and honest prayer requests. I also thank the many youth ministers, religious educators, teachers, and parents who took on the task of inviting and encouraging their teens to participate in the project.

Finally, I give a shout out to Sara Lawrence, Heather Sutton, John Vitek, and so many of the staff at Saint Mary's Press who helped to bring this project to life.

Introduction

Let's face it: most of us do not have a significant amount of time in our day to devote to prayer and one-on-one time with God. But I don't think God is asking for hours of devotion. God recognizes your busyness and simply asks that you acknowledge his presence amidst that busyness. *Minutes of Grace* helps you to do just that, providing three opportunities each day for you to stop for a moment and communicate with God. These prayers, written by teens throughout the United States (and a few from teens in other countries), speak of their struggles, joys, fears, yearnings, loss, emptiness, needs, and hope for our world.

I invite you to commit to praying these prayers daily. I invite you to give God just a few minutes of your time and in return experience your own moments of grace.

Let us all pray,

Laurie Delgatto-Whitten

Morning Prayer

God, let me find myself in your love every day.

—Abbi, Saint Paul Church, MN

Midday Prayer

Lord, help us to help the poor.

—Orion, Saint Mary Church, MO

Evening Prayer

I offer you thanks, God, for never giving up on me
when I need you most.

—Lydia, Saint Mary Church, IN

Morning Prayer

Thank you for giving me a family for loving, legs for running, a voice for singing, hands for making music, and feet for dancing.

—Jane, Cotter High School, MN

Midday Prayer

Dear God, help me to keep faith in you in the darkest of times.

—Keaton, Providence High School, IN

Evening Prayer

Dear Lord, thank you for always listening to my prayers and giving me this life that I cherish.

—Bryan, Saint Joseph's Institution International,
Singapore

Morning Prayer

God, help me to stay strong and handle the pressures of school.

—Alexis, Saint Joseph Church, IN

Midday Prayer

I pray for those who are struggling with their faith, personal life, or social life. I pray for those who are having troubles.

—Jonalyn, DeLaSalle High School, MN

Evening Prayer

May each of us find comfort in knowing that God loves and watches over us.

—Guy, Saint Mary Church, IN

JAN 4

Morning Prayer

Lord, help me to stay focused on what's important.

—Kira, La Salle High School, MN

Midday Prayer

I pray for those struggling with drugs and alcohol;
may they find the strength to seek recovery.

—Cody, MT

Evening Prayer

God, I am thankful for life.

—Billy, Saint Anne Church, ND

Morning Prayer

God, protect us as we take this journey of faith.

—Kendra, Saint Mary Church, ND

Midday Prayer

I pray for everyone who feels lost; may they remain strong and look to faith.

—Emily, Good Shepherd Church, CA

Evening Prayer

Please, Lord, light my soul on fire. Amen.

—Caitlyn, Bishop Miege High School, KS

Morning Prayer

Lord, I pray to have the confidence to practice my faith in the public eye and not worry what others think.

—Victoria, Celia Cruz High School
of Music, NY

Midday Prayer

I pray for those suffering from a feeling of spiritual desertion; may they know that they are made in the image and likeness of love.

—William, Saint Joseph Church, SC

Evening Prayer

Lord, help us to remember that we do not need anyone's approval but yours.

—Marissa, Saint Michael Church, CO

Morning Prayer

God, I pray that my education helps me to better serve you, your creation, and all your people.

—Clare, Saint Therese Church, MN

Midday Prayer

Dear God, please help us to be better Catholics and to accept others into our community.

—Nicole, Saint Catherine of Alexandria Church, MA

Evening Prayer

Lord, I pray for an end to abortion.

—Callie, Saint Patrick Church, NE

JAN 8

Morning Prayer

Jesus, may all young people travel safely today.

—Amanda, Immaculate Conception Church, IA

Midday Prayer

Lord, bless all those who are in need of prayer,
even when they are afraid to ask.

—Meghan, Our Lady of Peace Church, NJ

Evening Prayer

Dear God, please grant me the strength and
knowledge to know what is right in troubling times.

—Ben, Saint Apollinaris High School, CA

Morning Prayer

Lord, help us to remember that you are always with us.

—Neil, Saint Michael Church, IL

Midday Prayer

God, please bless all young people to have the courage to share their faith.

—Ashley, Nativity Church, IN

Evening Prayer

Dear God, thank you for my gifts and talents and help me to use them to honor your name.

—Timothy, Saint Mary Church, MN

JAN 10

Morning Prayer

Help us to remember that you, God, created us to love one another and treat one another with dignity.

—Willis, DeLaSalle High School, MN

Midday Prayer

Thank you, Lord, for helping me to enjoy living again.

—Mariel, Saint Mary Church, MI

Evening Prayer

God, please help me to treat everyone with kindness and respect.

—Tommy, Sacred Heart High School, OH

Morning Prayer

With courage and power, allow me, Lord, to be reckless in carrying out your will.

—Carlee, Saint Mary of the Springs Church, AR

Midday Prayer

Dear God, I thank you for my friends, who care for me, laugh with me, are there for me, and love me. Please bless them with love and care.

—Lola, Saint Elizabeth of Hungary
High School, TX

Evening Prayer

Help us to stay strong and never give up, for you, God, are always with us.

—Rebecca, John Carroll High School, FL

Morning Prayer

Lord, let us better the lives of the people around us,
through proclaiming your Word.

—Ruairi, Marist College Canberra, Australia

Midday Prayer

For those who are suffering, I pray.

—Jack, DeLaSalle High School, MN

Evening Prayer

Let me accept others the way you accept me, O
Lord.

—Maleah, Pacelli High School, WI

Morning Prayer

Thank you, God, for the gift of life. I am made in your image, and that is good!

—Allison, Cotter High School, MN

Midday Prayer

For all those who, by the pressure of society, find it difficult to be true to themselves and their gender identity, I pray.

—Emily, Providence High School, IN

Evening Prayer

God, please keep me strong through difficult times.

—Hannah, Dow High School, MI

JAN 14

Morning Prayer

Lord, let us remember that hope is always with us,
as are you.

—Zachary, Meadville Area Catholic
Youth Ministry, PA

Midday Prayer

I pray that all people (including myself) learn to
treat one another with equal respect.

—Alex, Sacred Heart of Jesus Church, OH

Evening Prayer

Lord, give me the courage to stand for my faith
each day.

—Piers, Saint Philip Neri Church, OK

Morning Prayer

Gracious Lord, let me be mindful today that you are with me in all my trials as well as my successes.

—Irma, Prince of Peace Church, NM

Midday Prayer

I pray for anyone suffering or in pain; may they find comfort in you, God.

—Michael, Sacred Heart of Jesus Church, OH

Evening Prayer

Lord, may I find the good in others and focus on that.

—Charles, Providence High School, IN

Morning Prayer

Dear Lord, please help me to see every person as a child of God, and help me to treat everyone with the respect they deserve.

—Brennan, Cotter High School, MN

Midday Prayer

For those who are close to death, I pray.

—Alexandra, Saint Francis Borgia Regional
High School, MO

Evening Prayer

My God, help me to stay committed to you always.

—Molly, Providence High School, IN

Morning Prayer

Lord, help me to keep my faith, trust, and hope in you throughout my life and especially during the most difficult times.

—Morgan, Saint Francis Borgia Regional High School, MO

Midday Prayer

I pray for the quiet ones whose voices are never heard; may they realize that God is listening.

—Felecia, DeLaSalle High School, MN

Evening Prayer

God, thank you for all the things you have done for me today. I may not understand why you did them, but I thank you for them all.

—Natalie, Saint Elizabeth Church, MA

JAN 18

Morning Prayer

Dear God, make us people of faith, as we live every day for your Son, Jesus Christ. Though we face obstacles that threaten our belief, may we fall at your feet.

—Alden, Saint Matthew Church, TN

Midday Prayer

For those struggling with no self-confidence and depression, I pray.

—Harley, Mount Carmel High School, IL

Evening Prayer

I pray for peace and happiness.

—Emily, Guardian Angel Central
High School, NE

Morning Prayer

Help us to remember that we are never alone; you are always there, no matter what.

—Joy, Delone High School, PA

Midday Prayer

Heavenly God, I pray for all those overseas fighting for our country.

—Anonymous, Saint Catherine of Alexandria Church, MA

Evening Prayer

Lord, I don't know what my future holds, but I can't wait to spend it with you.

—Laura, Pacelli High School, WI

Morning Prayer

Jesus, help me to refocus my life around you.

—Rachel, Ascension Church, OH

Midday Prayer

Please help all those in relationships to be able to communicate with each other well.

—Elsa, Providence High School, IN

Evening Prayer

Lord, there are many different paths in front of me.
Help me to pick the right one.

—Aaron, Holy Family Church, MO

Morning Prayer

Teach me, Lord, to be brave when I need to be, and to find comfort in the fact that it's okay to be afraid.

—Kathryn, Delone High School, PA

Midday Prayer

I pray to you, Lord, for all of those struggling with future goals.

—Mina, Mother of Sorrows Church, PA

Evening Prayer

Dear Jesus, take me and make me the person you want me to be.

—Therese, Saint John High School, KS

JAN 22

Morning Prayer

I pray to you, Lord, that starting today, my life will change.

—Xiomara, Saint Maria Goretti Church, PA

Midday Prayer

Heavenly God, thank you for the gift of your love. Keep me pure in heart as I wait for my future spouse.

—Kaitlyn, Our Lady of Peace Church, NJ

Evening Prayer

God, give me the ability to remember what I've been taught today and apply it tomorrow.

—Doug, Our Lady of Lourdes Church, MO

Morning Prayer

God, please help me to develop healthy relationships.

—Casey, Cotter High School, MN

Midday Prayer

For all those who are overworked, I pray.

—Mikayla, Good Shepherd Church, PA

Evening Prayer

Lord, give me the strength to always put your will before mine.

—Danielle, Bishop Grimes High School, NY

JAN 24

Morning Prayer

Thank you, Lord, for everything you do for me, and help me to be more grateful and not take anything for granted.

—Morgan, Cotter High School, MN

Midday Prayer

I pray for all those who feel alone, that they remember God is there.

—Gabrielle, DeLaSalle High School, MN

Evening Prayer

Lord, help us, even during the darkest night, to see the light of day, and to remember that you are helping us every step of our journey.

—Sarah, Delone High School, PA

Morning Prayer

God, help me with all of my everyday needs and give me strength to face all my challenges.

—Kevin, Cotter High School, MN

Midday Prayer

I pray for those who are heartbroken, to not feel sadness but happiness.

—Jenna, Saint Elizabeth of Hungary
High School, TX

Evening Prayer

Dear God, help me to remember I can do all things through you.

—Katie, Saint Barnabas Church, OH

Morning Prayer

Cleanse me of anything that breaks your heart, O God.

—Gwendolyn, Providence High School, IN

Midday Prayer

Lord, I pray for anyone who is being bullied; may they have the courage to speak up for themselves.

—Sarah, Good Shepherd Church, VA

Evening Prayer

Thank you, God, for everything you've done for me. I really appreciate it, and I love everything I have.

—Cedric, Cotter High School, MN

Morning Prayer

Lord, be my guide when I am lost, and show me the path to you.

—Tyler, Saint Francis Borgia Regional High School, MO

Midday Prayer

I pray for all soldiers overseas and their safe return home.

—Kelsey, Sacred Heart Church, IN

Evening Prayer

Use me, Lord, so others see your light through me.

—Allie, Saint Francis Borgia Regional High School, MO

JAN 28

Morning Prayer

God, help us to love our enemies as Jesus did.

—Lauren, Saint Francis of Assisi Church, IA

Midday Prayer

I pray for all youth to have the courage to live out a pure, chaste, and virtuous life.

—Sarah, Our Lady of Peace Church, NJ

Evening Prayer

Lord, I pray for those who haven't found your light yet.

—Emily, Saint James Church, KY

Morning Prayer

I know that troubles come and go, but you, Lord, are always near. When we are in need, help us to turn to you.

—Jillian, Our Lady of Mercy Church, IL

Midday Prayer

I pray that all teens will always remember that they are beautiful and that God made them each special.

—Elena, Saint Patrick Church

Evening Prayer

Lord, help us to remember that Jesus loves us no matter what we are facing.

—Evan, Saint Peter Church, TX

JAN 30

Morning Prayer

Fill our hearts with hope, God.

—Joseph, Saint Elizabeth Ann Seton
Church, FL

Midday Prayer

I pray that Pope Francis continues to inspire all
followers of Christ.

—Brenden, Sacred Heart Church, OH

Evening Prayer

Lord, thank you for your continued grace and
support every day of my life. Help me to live in
your light.

—Alex, Cotter High School, MN

Morning Prayer

Help us, Lord, to remember that we are stronger than we think.

—Connor, Saint Michael Church, IL

Midday Prayer

God, please be with all those who are homeless, living on the streets with no family to go to for help.

—Brady, La Salle High School, OH

Evening Prayer

Jesus, I place all my trust in you because I want to love you. Please let others do the same and follow through with their actions so that we can all be in Heaven together one day.

—Felipe, Xavier High School, NY

Morning Prayer

Help me to realize that all people have a place in this world.

—Erin, Saint Mary Church, ND

Midday Prayer

Dear God, please help me to get good grades.

—Jeremy, Cotter High School, MN

Evening Prayer

Thank you, Lord, for your unlimited goodness and mercy. Continue to guide us toward your plan.

—Alyson, Saint Elizabeth of Hungary
High School, TX

Morning Prayer

Heal me, O God. I believe in you.

—Melissa, Ascension Church, ND

Midday Prayer

I pray for those who are hurt, lonely, depressed, or beaten down, that they find faith in God and reach happiness.

—Rehgan, Saint Francis Borgia Regional High School, MO

Evening Prayer

God, thanks for being with me.

—Justin, Houma-Thibodaux, LA

Morning Prayer

Lord, remind us that when nothing goes right, don't go left, go to God.

—Jessica, Nativity Church, IN

Midday Prayer

God, please guide all women considering abortion to choose life.

—Payton, Sacred Heart of Jesus Church, OH

Evening Prayer

Help to guide me, Lord, onto the right path when I stray, and help me to grow in my faith.

—Alex, Cotter High School, MN

Morning Prayer

Lord, may you always be in my thoughts, in my words, and in my actions.

—Sarah, Good Shepherd Church, VA

Midday Prayer

I offer to you, God, my prayer for friends facing difficult choices.

—Leah, Saint Bernard Church, KY

Evening Prayer

May all those who have turned from you, Lord, find their way back.

—Kathryn, Saint Ann Church, IN

Morning Prayer

Lord, I believe. Help me in my disbelief (Mark 9:24).

—Joey, Saint Brigid of Kildare Church, MI

Midday Prayer

I pray for all the homeless and hungry; may God bless them with love and happiness.

—Anonymous, Saint Catherine of Alexandria Church, MA

Evening Prayer

Dear Lord, help me to recognize what is best for me.

—Amelie, Saint Elizabeth Ann Seton Church, TX

Morning Prayer

God, help me to always remember that despite all the tweets, texts, and e-mails, the best way to get in touch with oneself is through prayer.

—Oyeyemi, Saint Mary Academy, RI

Midday Prayer

I pray for all parents who have cancer.

—Clare, Saint Therese High School, MN

Evening Prayer

Father, enlighten our hearts and minds that we may be a sacrament to others and a light to the world.

—Rod, Saint Christopher Church, CA

Morning Prayer

Lord, teach me the way to strive for success and never lose faith in myself.

—Todd, Saint Francis Borgia Regional High School, MO

Midday Prayer

I pray for all grandparents who are struggling with their health.

—Tori, DeLaSalle High School, MN

Evening Prayer

May you, God, shine your light down on my life.

—Joe, Cotter High School, MN

Morning Prayer

God, give strength and courage to those struggling under the weight of their own cross.

—Ezriel, Paramus High School, NJ

Midday Prayer

I pray for all pets. Thank you for the love they offer us.

—Charles, Providence High School, IN

Evening Prayer

God, remind me that I have not only you but also my family to support me in rough times.

—Amelia, Providence High School, IN

Morning Prayer

Thank you, Jesus Christ, for giving me my family.

—Emily, Notre Dame-Cathedral Latin
High School, OH

Midday Prayer

I pray that new babies grow up to be strong,
confident individuals with right values in life.

—Emma, Saint Francis Borgia Regional
High School, MO

Evening Prayer

God, please help me to say the right things even
when I'm angry.

—Julia, Christ the Redeemer Church, MI

Morning Prayer

For anyone who needs an increase in faith, I pray today.

—Nicole, Bishop Brossart High School, KY

Midday Prayer

I pray for any teens who have lost their father, that they will live life to the fullest, lives their dad would be proud of.

—Cynthia, Saint Michael Church, NY

Evening Prayer

Lord, help me to remember that you are a great God.

—Katie, Cotter High School, MN

Morning Prayer

In your loving presence, God, may we have patience and forgiveness for those who do wrong against us.

—Abel, DeLaSalle High School, MN

Midday Prayer

Lord, I pray for everyone affected by autism.

—Hunter, John Carroll High School, FL

Evening Prayer

Help me to put you, God, above less important things in my life.

—Anonymous, MO

Morning Prayer

Help us to remember that life goes on, so we should try to enjoy the beauty of it while we can.

—Austin, Pacelli High School, WI

Midday Prayer

I pray for everyone in the world.

—Dylan, La Salle High School, OH

Evening Prayer

Dear God, please help my friends to find your light and begin to worship you.

—Samantha, Holy Spirit Church, IN

Morning Prayer

Lord, help all young people to stay true to themselves despite what others think.

—Kaitlyn, Providence High School, IN

Midday Prayer

God, help us to reach out to those considered outcasts.

—Mary, MO

Evening Prayer

Keep your watchful eyes, Lord, on those who are struggling with great decisions. May you strengthen them.

—Samantha, Harrah High School, OK

Morning Prayer

Help me to trust in you, God, and to become all that I can be through you.

—Kayley, Our Lady of Angels Church, MN

Midday Prayer

I pray today, for my family and friends.

—Romina, Saint Francis Xavier Church, GA

Evening Prayer

Lord, as I commit myself to you, protect me and allow me to keep my morals.

—Bryce, Saint Barnabas Church, IN

Morning Prayer

Help me to make my faith stronger, O Lord.

—Nick, Saint Mary Church, MO

Midday Prayer

Please help me to stay true to my friends and be with them in their time of need.

—Abby, Saint Jude Church, IN

Evening Prayer

I pray for all those who are embarking on a new journey in their lives. May they have strength to let go of everything they know now and have the courage to embrace God's new plan for them.

—Lizzy, DeLaSalle High School, MN

Morning Prayer

Lord, give me the strength to live like a Christian,
even when it's not easy.

—Lauren, Saint Joan of Arc Church, IN

Midday Prayer

I pray for the homeless.

—Kris, Sacred Heart Church, KS

Evening Prayer

Dear God, please help me to bring those turning
away from you back under your wing.

—Mattie-Catherine, Our Lady of the
Lakes Church, IN

FEB 17

Morning Prayer

Lord, give me the courage to reach out and radiate your divine love.

—Jen, MT

Midday Prayer

Lord, be with those who are trying to recover from typhoons and other natural disasters.

—Michelle, Good Shepherd Church, CA

Evening Prayer

Thank you, Lord, for everything you have done and will do in my life and for the people who are close to me.

—Dalton, Saint Katherine Drexel Church, MN

Morning Prayer

God, you are my sun and my moon. Thank you.

—Kaycee, Saint Anne Church, ND

Midday Prayer

I pray for all of those struggling with self-esteem; may they find the strength to be confident and love themselves.

—Kaitlyn, Saint Anthony Church, IN

Evening Prayer

God, give me the power to protect those I care about.

—Kevin, Saint Joseph Church, MD

Morning Prayer

Dear God, allow everyone to be the best person they can be today.

—David, Saint William Church, MD

Midday Prayer

I pray for the ones who have lost their view of faith; may they find God's light again.

—Madison, Immaculate Conception Church, NY

Evening Prayer

I pray that God opens my heart to new experiences.

—Maura, Diocese of Helena, MT

Morning Prayer

Lord, please help my family to strive in your name.

—Angelina, Mother Cabrini Church, TX

Midday Prayer

Dear God, please help me to get through this year of school.

—Allison, Saint Francis Borgia Regional High School, MO

Evening Prayer

I pray that you, God, bless all those I've been blessed to share today with.

—Sam, Providence High School, IN

Morning Prayer

God, help me to make the most of today.

—John, Saint Apollinaris High School, CA

Midday Prayer

I pray that there is a cure to cancer so no more families have to experience suffering and loss.

—Savannah, Diocese of Helena, MT

Evening Prayer

I pray that you, Lord, will give me the strength to spread Jesus' love to everyone I know even if I do not like them or if they are not nice to me.

—Anella, Redwood Valley High School, MN

Morning Prayer

Dear Lord, please help me to have not only the acceptance of others but also that of myself.

—Katlyn, Saint Mary Church, MO

Midday Prayer

Please help all people who are being bullied on a regular basis, at school or at home, to find peace with God.

—Austin, Saint Francis Borgia Regional High School, MO

Evening Prayer

Thank you for the support of my friends who are loyal to me and help me in hard times.

—Kyle, Saint Catherine of Alexandria Church, MA

Morning Prayer

Dear Lord, please give me the strength to face the hardships in life.

—Veronica, Sacred Heart Church, MD

Midday Prayer

I pray for starving children and adults.

—Eddie, All Saints Church, KS

Evening Prayer

God, give me the virtues that I need to win the race.

—Haylee, Oldenburg Academy, IN

Morning Prayer

Dear God, please give me the strength each day to love others.

—Nick, Saint Michael Church, OH

Midday Prayer

I pray that the homeless find shelter and the hungry find food.

—Rose, Saint Francis Xavier Church, KS

Evening Prayer

God, I ask that your peace surpasses all my fears and anxieties so that I may live joyfully for your glory.

—Quinn, Seton High School, OH

FEB 25

Morning Prayer

Lord, help me to be who I am.

—Stephanie, Saint Cecilia Church, MN

Midday Prayer

I pray for those who need mercy.

—Anna, Holy Family Church, FL

Evening Prayer

Lord, I am not afraid, for you are always with me.

—Kate, Saint Mary Church, IN

Morning Prayer

Lord, teach me to love as selflessly as you have loved me.

—Jordan, Saint Mary Help of Christians Church, SC

Midday Prayer

Virgen de Guadalupe te ruego que cuidas y ayudas a la gente en los Phillipenos. Ellos esten en ruinas por la violencia y el estado de su pais. Te lo pido en el nombre de nuestro señor. Amen.

—Gaby, Saint Edward Church, OR

Evening Prayer

Thank you, Father, for all of the wonderful activities, friends, and families you have given us.

—Nathan, Saint Bernadette Church, KY

FEB 27

Morning Prayer

Dear God, please help me to be less selfish.

—Jackie, Saint Francis Church, OH

Midday Prayer

I pray for mothers everywhere, that they will choose life and enjoy the absolute gift and miracle of a child.

—Lily, Saint Mary Academy, OR

Evening Prayer

Lord, may this world have peace.

—Blair, Saint Louis Church, KS

Morning Prayer

God, please be with me today.

—Katie, Sacred Heart Church, MN

Midday Prayer

Lord, I pray that all people can become more accepting of Catholics and others whose faith is different from theirs.

—Madeline, Notre Dame High School, IA

Evening Prayer

Please help all people to be strong and to thank you for all gifts.

—Mary, Saint Edward Church, OR

Morning Prayer

Lord, take my heart into your hands and guide my steps today.

—Miranda, Saint Francis of Assisi Church, CO

Midday Prayer

I pray for all people to treat each other fairly.

—Nicholas, Our Lady of Providence Church, IN

Evening Prayer

Please give me the strength to carry on through times of hurtfulness.

—Emily, Saint Mary's Springs Academy, WI

Morning Prayer

For the strength to overcome all of life's challenges,
hear me, Lord.

—Toystan, Ascension Church, ND

Midday Prayer

I pray for those who suffer secretly with the pain of
torture and abuse. Give them courage and hope,
Lord, to stand up to their abusers.

—Aaron, Saint Francis Borgia Regional
High School, MO

Evening Prayer

God, help all of my relationships to stay Christ-
centered.

—Noah, Saint Sebastian Church, PA

Morning Prayer

Lord, help me to evangelize and live up to the Christian standards.

—Ayana, Saint Mary Margaret Church, IL

Midday Prayer

I pray for everyone taking tests today.

—Beth, Cotter High School, MN

Evening Prayer

Dear God, lead me through the narrow path.

—Matt, Cotter High School, MN

Morning Prayer

Today is a new day, Lord. Help me to make the best of it.

—Madison, Saint Joan of Arc Church, IN

Midday Prayer

I pray for those who are lost and are yearning to be found by Jesus Christ.

—Peter, Holy Cross Church, IL

Evening Prayer

Let us remember that God is God.

—Clara, Good Shepherd Church, KS

MAR 4

Morning Prayer

Lord, give me the courage to stand up for those who can't stand up for themselves.

—Joe, Thomas More Prep High School, KS

Midday Prayer

I pray today for you, God, to look down on all of those getting bullied and help them through their hard times, and to keep them safe.

—Zach, Saint Francis Borgia Regional High School, MO

Evening Prayer

Dear God, help me to stay strong in my faith.

—Anonymous

Morning Prayer

Lord, help me to be the daughter you look down on and say, "That's my girl."

—Grace, Christ the King Church, GA

Midday Prayer

Dear God, please help everyone with their troubles and help everyone to succeed.

—Andy, Cotter High School, MN

Evening Prayer

I pray that we will be blessed with the ability to help one another strive in daily life.

—Jill, Saint Francis Borgia Regional High School, MO

Morning Prayer

Dear Lord, please help me to overcome the pressure of society and its “perfect” image of a person.

—Josie, Saint Jude Church, IN

Midday Prayer

I pray for all those who feel like they don't belong.

—Abby, Nativity Church, IN

Evening Prayer

I ask you, O God, for a pure, wholesome relationship.

—Sarah, Good Shepherd Church, VA

Morning Prayer

God, grant me the strength to remember you in my trials and the ability to stand up to those trials.

—Scott, Providence High School, IN

Midday Prayer

I pray for all those struggling with their faith.

—Calvin, Saint Francis Borgia Regional High School, MO

Evening Prayer

Help us to remember that you, God, have a plan for each of us and that you have our best interests in mind.

—Sophia, Saint Elizabeth of Hungary High School, TX

MAR 8

Morning Prayer

Jesus, please help us to fill our hearts with fire so that we can change the world.

—Brian, Archbishop O'Hara High School, MO

Midday Prayer

Lord, when I'm in need, remind me that Jesus is there.

—Paul, Christ the King Church, IN

Evening Prayer

Dear Mother Mary, pray for those of us who are in despair, and give us joy.

—Yessenia, Saint John High School, KS

Morning Prayer

Jesus, please help me to be the person you made me to be, want me to be, and know I can be.

—Emily, Saint Joan of Arc Church, IN

Midday Prayer

I pray that my future spouse loves the Lord so much.

—Lauretta, North Olmsted High School, OH

Evening Prayer

Help me, God, to love others as you have loved me.

—Katie, Our Lady of the Lakes Church, IN

MAR 10

Morning Prayer

Dear heavenly Father, please give me the strength and potential I need to carry on through this day.

—Lisette, Saint Elizabeth of Hungary
High School, TX

Midday Prayer

I pray for those who have left the path God has chosen for them.

—Lauren, Saint Joseph Church, KS

Evening Prayer

God, take the fear away from me, for fear is only temporary, but you are forever.

—Taylor, Providence High School, IN

Morning Prayer

Lord, please watch over me; Jesus, please lead the way; Holy Spirit, help me to follow.

—George, Saint Aloysius Church, CT

Midday Prayer

God, give all who are sick strength and faith to pull them through.

—Dan, DeLaSalle High School, MN

Evening Prayer

I pray that my faith in you, God, will continue to grow as I get older.

—Gabrielle, Saint Elizabeth of Hungary
High School, TX

MAR 12

Morning Prayer

Lord, please protect my family and friends, and show me the way to be a good steward.

—Jorge, Bishop Moore High School, FL

Midday Prayer

That all souls will one day make it to Heaven, I pray.

—Ashley, Providence High School, IN

Evening Prayer

I pray that all people in our world can overcome their barriers, and we can exist together as one in our faith in Christ.

—Remington, Notre Dame Cathedral High School, OH