



# Prayers by Heart

## The Catholic Children's Prayer Book Archdiocese of Galveston-Houston

Belongs to: \_\_\_\_\_

Given by: \_\_\_\_\_

Date: \_\_\_\_\_

Jesus said, "Let the children come to me and do not stop them, because the Kingdom of heaven belongs to such as these."

—Matthew 19:14



### My Faith Journey

Date of Baptism: \_\_\_\_\_

Date of First Reconciliation: \_\_\_\_\_

Date of First Eucharist: \_\_\_\_\_



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Printed in the United States of America

4411GAL (PO4738)

ISBN 978-1-59982-722-3



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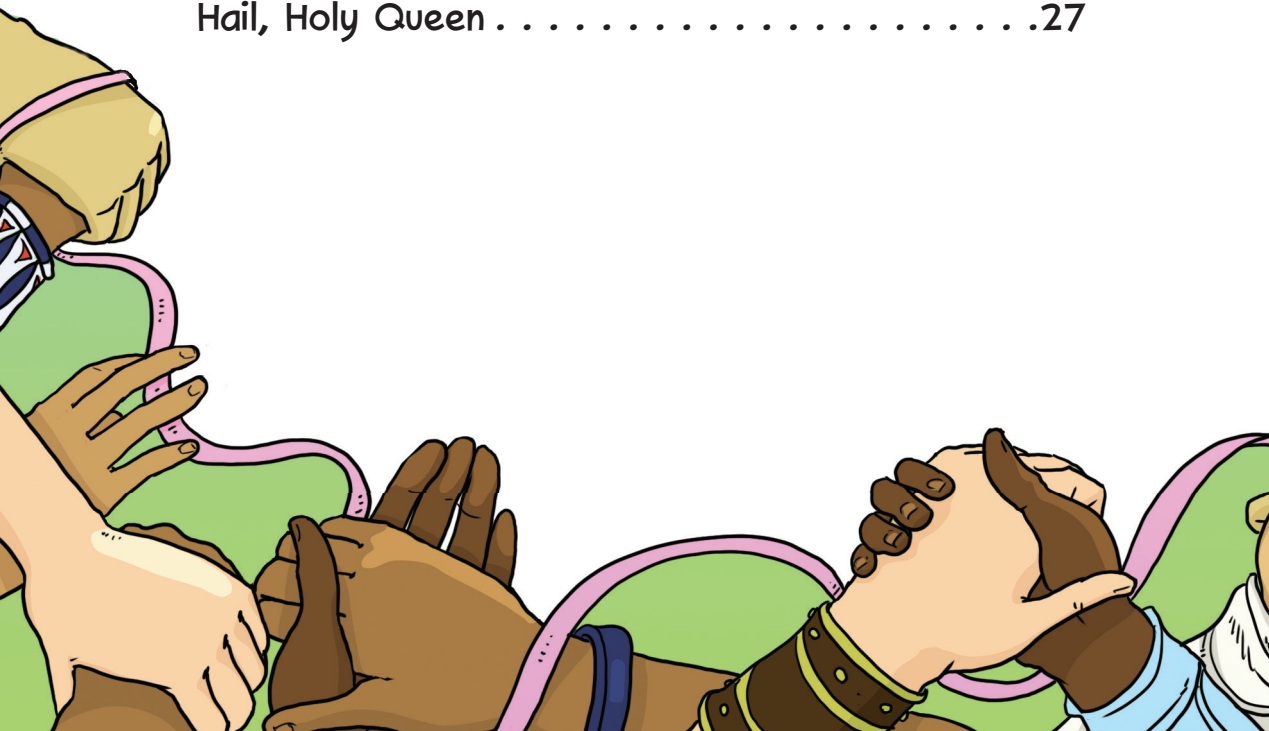
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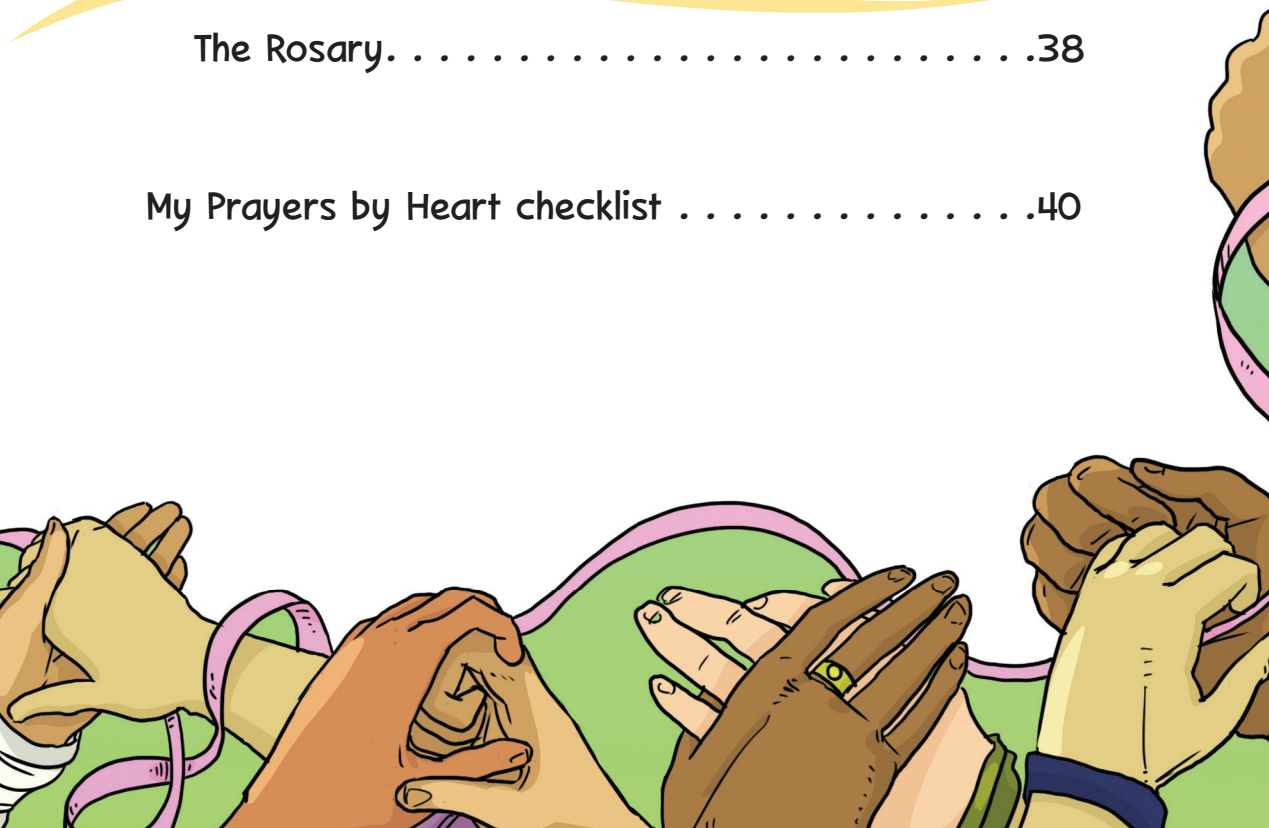
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# Introduction

## A Message from Cardinal DiNardo

### My Dear Children,

Jesus has a special love for you! In the Bible we read about how Jesus blessed the children because he wants each of his little ones to stay close to him and his heavenly Father. Prayer is one sure way for you to stay close to him. It teaches you how to talk to and listen to God.

A good way to learn some of these prayers by heart is to say them daily, when you first wake up and again before you go to sleep. Pray with your family before and



after you eat. Ask your parents to help you pray the beautiful prayers that everyone prays together at Mass.

The prayers will help you remain close to God and remind you how much he cares for you, especially when you really need his help. Praying every day will help you realize how much God truly loves you and wants you to bring his love to the world. Praying helps you to be grateful, to be thoughtful!

May the Lord, our God, who loves you very much, bless you and keep you always in his care.

Daniel Cardinal DiNardo   
Archbishop of the Archdiocese  
of Galveston-Houston





 **SIGN OF THE CROSS**

In the name of the Father  
and of the Son  
and of the Holy Spirit.  
Amen.





## GRACE BEFORE MEALS

Bless us O Lord,  
and these thy gifts,  
which we are about to receive,  
from thy bounty,  
through Christ, our Lord.  
Amen.



## GRACE AFTER MEALS

We give you thanks, almighty God,  
for these and all your gifts  
which we have received  
through Christ, our Lord.  
Amen.





## MORNING PRAYER

O my God, I offer you this day,  
all I do and think and say.  
In union with what was done,  
on earth by Jesus Christ,  
your Son.

## EVENING PRAYER

God, our Father, this day is done.  
We ask you and Jesus Christ, your Son,  
that with the Spirit, our welcome guest,  
you guard our sleep and bless our rest.  
Amen.

