Program Outline: Eucharist

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| Chapter Number | Chapter Title | Lesson Goals | Featured Story | Key Words |
| 1 | We Are Part of the Church | * to recognize that we are all an important part of the Church * to identify the three Sacraments of Christian Initiation * to name the Eucharist as the most important sacrament in the Church | Every Baptized Person Is a Part of the Church (1 Corinthians 12:12–27) | sacraments, Sacraments of Christian Initiation, Baptism, Confirmation, Eucharist, Mass |
| 2 | Jesus Cares for Us | * to explain that Jesus cares for us and for all people * to identify the Eucharist as a way Jesus shows his care for us * to name the four parts of the Mass | Jesus Feeds a Huge Crowd (John 6:1–15) | Introductory Rites, Liturgy of the Word, Liturgy of the Eucharist, Concluding Rites |
| 3 | We Ask for Forgiveness | * to identify three actions that lead to true happiness * to explain why we want to be in a state of friendship with God when we receive the Eucharist * to articulate that we ask for God’s forgiveness at Mass to prepare for the Eucharist | Jesus Teaches Us How to Be Happy (Matthew 5:1–12) | Penitential Act |
| 4 | We Give Thanks to God | * to recognize the importance of being thankful * to identify Sunday as a special day to honor God * to understand that we pray, give thanks, and praise God at Mass | Thank God for All He Has Done for You  (Colossians 3:12–17) | hymn, genuflect |
| 5 | We Learn from the Bible | * to identify God’s Word as the readings and teachings in the Bible * to describe the importance of preparing our hearts for God’s Word * to recall that we hear God’s Word at Mass in the Liturgy of the Word | Jesus Want Us to Hear and Accept His Word  (Mark 4:1–20) | parable |
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| 6 | We Are United in Faith | * to express that Jesus wants his followers to be united in faith * to identify that praying the Nicene Creed together is a sign of our unity * to recognize the core beliefs expressed in the Nicene Creed | Jesus Prays That His Followers Will Be United (John 17:9–23) | creed |
| 7 | We Celebrate the Gift of the Eucharist | * to recognize that Jesus gave the gift of the Eucharist at the Last Supper * to identify that the bread and wine become the Body and Blood of Jesus at Mass * to recall that the Eucharist strengthens us to follow Jesus more closely | The Last Supper (Mark 14:12–26) | Eucharistic Prayer, consecration |
| 8 | We Pray as Jesus Taught Us | * to express that the Our Father was taught to the disciples and us by Jesus * to identify the meaning of the different parts of the prayer * to recognize that we pray the Our Father at every Mass to prepare us to receive the Eucharist | Jesus Teaches Us How to Pray (Matthew 6:5–13) | Kingdom of God |
| 9 | Jesus Is Present with Us Now | * to explain that the Risen Jesus is with us today in a special way * to recognize what occurs during the Communion Rite * to identify the proper way to receive Holy Communion | Two Disciples Meet the Risen Jesus  (Luke 24:13–35) | Holy Communion |
| 10 | We Are Sent Forth to Share Love | * to describe how Jesus showed us that we should serve others * to recognize some big and small ways we can serve others * to identify the Concluding Rites as the part of the Mass where we are sent forth to share God’s love with others | Jesus Washes the Disciples’ Feet (John 13:1–17) | Dismissal |