Program Outline: Eucharist

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| Chapter Number | Chapter Title | Lesson Goals | Featured Story | Key Words |
| 1 | We Are Partof the Church | * to recognize that we are all an important part of the Church
* to identify the three Sacraments of Christian Initiation
* to name the Eucharist as the most important sacrament in the Church
 | Every Baptized Person Is a Partof the Church(1 Corinthians 12:12–27) | sacraments, Sacramentsof Christian Initiation, Baptism, Confirmation, Eucharist, Mass |
| 2 | Jesus Caresfor Us | * to explain that Jesus cares for us and for all people
* to identify the Eucharist as a way Jesus shows his care for us
* to name the four parts of the Mass
 | Jesus Feeds a Huge Crowd(John 6:1–15) | Introductory Rites, Liturgyof the Word, Liturgy of the Eucharist, Concluding Rites |
| 3 | We Askfor Forgiveness | * to identify three actions that lead to true happiness
* to explain why we want to be in a state of friendship with God when we receive the Eucharist
* to articulate that we ask for God’s forgiveness at Mass to prepare for the Eucharist
 | Jesus Teaches Us How to Be Happy (Matthew 5:1–12) | Penitential Act |
| 4 | We Give Thanks to God | * to recognize the importance of being thankful
* to identify Sunday as a special day to honor God
* to understand that we pray, give thanks, and praise God at Mass
 | Thank God for All He Has Done for You(Colossians 3:12–17) | hymn, genuflect |
| 5 | We Learnfrom the Bible | * to identify God’s Word as the readings and teachings in the Bible
* to describe the importance of preparing our hearts for God’s Word
* to recall that we hear God’s Word at Mass in the Liturgy of the Word
 | Jesus Want Us to Hear and Accept His Word(Mark 4:1–20)  | parable |
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| 6 | We Are United in Faith | * to express that Jesus wants his followers to be united in faith
* to identify that praying the Nicene Creed together is a sign of our unity
* to recognize the core beliefs expressed in the Nicene Creed
 | Jesus Prays That His Followers Will Be United(John 17:9–23)  | creed |
| 7 | We Celebrate the Gift of the Eucharist | * to recognize that Jesus gave the gift of the Eucharist at the Last Supper
* to identify that the bread and wine become the Body and Blood of Jesus at Mass
* to recall that the Eucharist strengthens us to follow Jesus more closely
 | The Last Supper (Mark 14:12–26)  | Eucharistic Prayer, consecration |
| 8 | We Pray as Jesus Taught Us | * to express that the Our Father was taught to the disciples and us by Jesus
* to identify the meaning of the different parts of the prayer
* to recognize that we pray the Our Father at every Mass to prepare us to receive the Eucharist
 | Jesus Teaches Us How to Pray (Matthew 6:5–13)  | Kingdom of God |
| 9 | Jesus Is Present with Us Now | * to explain that the Risen Jesus is with us today in a special way
* to recognize what occurs during the Communion Rite
* to identify the proper way to receive Holy Communion
 | Two Disciples Meet the Risen Jesus(Luke 24:13–35)  | Holy Communion |
| 10 | We Are Sent Forth to Share Love | * to describe how Jesus showed us that we should serve others
* to recognize some big and small ways we can serve others
* to identify the Concluding Rites as the part of the Mass where we are sent forth to share God’s love with others
 | Jesus Washes the Disciples’ Feet (John 13:1–17)  | Dismissal |